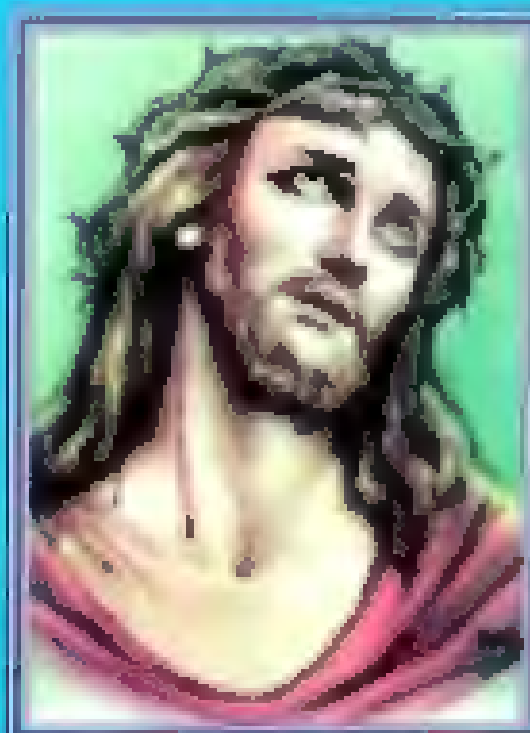


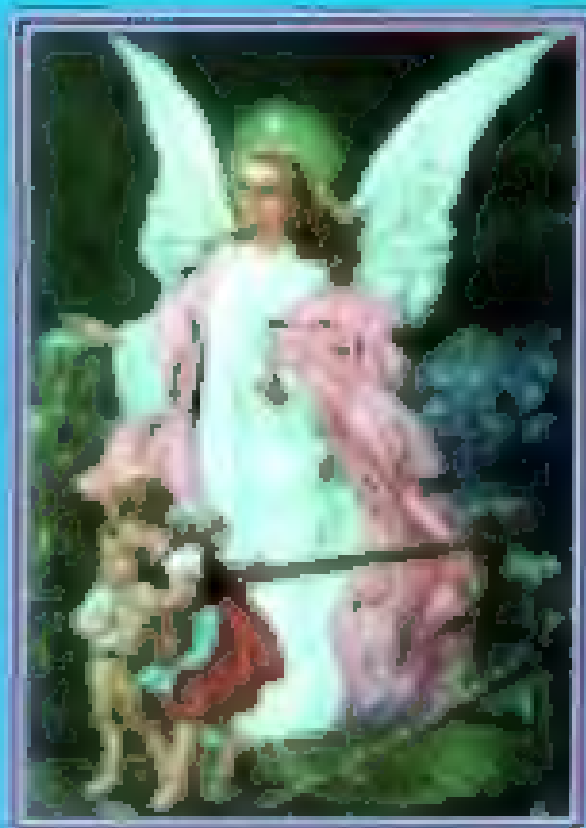
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FOR YOUR SPECIFIC NEEDS
• **BIOGRAPHIES & PHOTOS OF THE SAINTS**

**Original
Publications**

**HELPING
YOURSELF WITH
SELECTED
PRAYERS
VOLUME 2**



ALLAN KARDEC



GUARDIAN ANGEL

ORIGINAL PUBLICATIONS

**HELPING YOURSELF WITH
SELECTED PRAYERS
VOLUME 2**

**EDITED AND TRANSLATED BY
BABA RAUL CANIZARES**

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HELPING YOURSELF WITH SELECTED PRAYERS

VOLUME 2

By Baba Paul Carubini

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PREFACE

Ten years ago when I wrote *Cuban Santería: Walking with the Night*, I wanted to emphasize the predominantly African-specifically, Yoruba-character of the religion, a fact often under-emphasized by a largely Latino community of Santería practitioners in the United States. As I demonstrated in that book, Santería is an initiatic religion—a mystery religion—and the language employed in its initiatory ceremonies, such as in *kariòsha*, the ceremony in which a new priest is created, is Lukumi, an archaic form of Yoruba, an African language. In Cuba and other Spanish-speaking countries however, those Santería priests who chose to dedicate their practice to healing—instead of, let's say, divining—relied heavily on a corpus of prayers stemming from a number of non-African traditions. These prayers came from diverse sources. Most originated in Roman Catholicism and can still be found in one form or another in Catholic gift shops on the reverse of little pocket pictures of saints, or in collections of popular prayers. Another source for these prayers is the French Spiritist movement begun in the 1800's by Allan Kardec, which has become a force in Latin America under the name Espiritismo. The third source, representing perhaps the most mystical, magical, and practical aspects of these prayers, is to be found among the indigenous populations where Santería has taken root.

Many of these hybrid incantations such as the "Prayer to Shango Macho" and the "Prayer to the Seven African Powers" were first used in the city of Santiago, in eastern Cuba. In this part of Cuba, ritos

Angels, Mother of the Creator of us all, Queen of Mercy, Immense Abyss of Piety, receive us all under your protective shelter, oh provider for all who seek your help, as you have done over the ages according to the stories told by the pious who constantly pray in your churches, in particular your church in Regla, where you have chosen to more definitely show us your power and charity. It is in this temple, venerating your image, that everyone has found an answer to his prayer: the sailor has been delivered from a tempest, those under persecution have been delivered from danger, even those given up by physicians have found healing through prayers said in front of your image in your little sanctuary in Regla. Weak limbs become invigorated and, in general, all afflictions are cured in the church of Regla, where you, oh Queen of Heaven! Have chosen to reside. We beseech you to continue to bless sea fearing folk with voyages free from tempests and weak boats, allowing them to reach their ports of destination. We ask that those being persecuted be freed from their enemies, and those weak of limb be reinvigorated and strengthened by your grace, as have so many whose miracles are told in the offerings that cover the walls of your temple. As we venerate, oh Queen of Heaven, this your image, we implore that you sponsor us and give us what we ask for, including the precious gifts your most holy Son gives us: a clear conscience, physical strength, and good health that we may better serve and venerate Him. Give us the answer to our questions and fulfill our needs, in particular that for which I ask now. We hope that through your intercession we obtain what we ask for, even though we do not deserve it, but only dare ask confident in your enormous capacity to forgive and overlook our failings, Amen.

cruzados or "crossed rites" ("crossed" meaning "mixed," as in mixing Lukumi with Spanish) are popular among practitioners of Santería. Other prayers were composed in honor of historical or legendary folk heroes, such as the "Prayer to Jose Gregorio Hernandez," a 20th century Venezuelan physician who enjoys enormous popularity since his death in 1919. There are also prayers to archetypal spirit guides. Such as the "Prayer to the Congo Spirit," "Prayer to the Indian Spirit," and the "Prayer to La Madama," an Aunt Jerima look-alike representing the house "mummy" slaves that often took care of a white household's children.

When English-speaking people began to adopt Santería en masse after the Cuban exodus to the United States in the 1960's, the Lukumi aspects of the religion became easily adaptable to the new milieu, but the Spanish prayers used outside initiatory rituals, the ones traditionally used in more popular healing or sometimes cursing-acts were not generally translated into English, largely because of the effort it would take to collect, translate, and catalogue these prayers. With this volume, I hope to remedy this situation, gathering for the English-speaking practitioner the same efficacious prayers available to Spanish speakers for many years, but gathering them between the covers of a single tome in order to facilitate their use.

Because many of these prayers have long-standing associations with Santería, I have whenever possible included information relevant to Santería, such as which Santería demigod (*orisha*) represents which saint mentioned in a particular prayer. At any rate, with this book the English-speaking practitioner will not only find an invaluable aid to his or her practice, but will also find conveniently bound under one cover over 150 prayers that had formerly been available as single sheets sold individually and then usually filed away in a filing cabinet or haphazardly kept in three-ring-binders. As in the original versions, in the English versions you will find that some of these prayers are

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PRAYERS TO TRADITIONAL CATHOLIC SAINTS

7

DEVOTIONAL PRAYERS

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PRAYERS FOR SPECIFIC OUTCOMES

inspiring, while others are simplistic and even coarse. Some are uplifting, while others are obtuse. The powers of these selected prayers, however, is immense, and if used with focused intention and an open heart, they can be tools to help the supplicants attain whatever it is that they want. The weight of centuries in some cases, and of millions of ardent believers in all cases, make these some of the most powerful magical formulas ever written. May the Deity guide you to use this powerful book to your best advantage. So be it.

INTRODUCTION

Pray-Perish! Don't expect anything. Or better, expect nothing. Prayer cleanses us of expectations and allows Holy Will, Providence, and Life itself an entry. What could be more worth the effort |

—Thomas Moore

God is shining diaphanously through the whole world for those who have eyes to see.

—Teilhard de Chardin

Praying is nothing more than the realization of God's presence. St. James says that every good gift comes from above and comes down to us from the Father of lights (James 1:17). Each experience in prayer begins with an act of faith that God has already done so much! God knows our needs and our wants. He also knows the practical materialism at the root of our way of life, a pragmatism that measures success by material values. "I must see immediately in my work and prayer something concrete or otherwise the work is useless." That which I undertake for the love of God and neighbor I soon treasure as something that feeds my own importance, thus, the more detached I become in my prayers, the more richly my prayers are answered!

Prayer consists of a conscious relationship with one who loves us. It is basically a look turned toward God. It is a human being standing outside of the habitual idea he has of himself the person that he thinks

he is. It is getting down below that false everyday ego and getting into his deepest source where he stands before God, consciously turning toward his Source, his Origin. Prayer is something applicable to every human being and therefore should be as natural as a baby looking on his father or mother's face.

The prayers I've included in this volume have been in use in Spanish-speaking countries for centuries. Although some have been translated to English, these translations have been regarded as poor. There is an old Spanish saying that goes "el traductor es un traidor" (The translator is a traitor). This alludes to the unfortunate fact that it is impossible to fully translate anything. The best we can hope for is an approximation. The most usual mistake "wannabe" translators make is to confuse transcriptions with translation. Idiomatic expressions prove most difficult in this area. Take the Spanish saying "aquí hay gato encerrado," which literally translates as "there's a cat shut up here." The literal translation gives us no clue to the meaning of the expression, thus the translator would not use a literal approach, but would seek an idiomatic expression in English that would carry a similar meaning. In this case it could be either "something smells funny" or "something's rotten in Denmark." To the extent that a translator is a traitor I must answer that although few of us speak Russian, millions of us love Anton Chekhov.

In translating these lovely prayers, I've made it a point to retain the beauty of language found in the original, and to respect the readers as intelligent, intellectual beings.

Before today, many of these prayers were to be bought separately in specialized shops called *buñan can* (necessaries) to many practitioners not living in the big cities. Without further ado, here are more than 100 of the most popular practical prayers in use in Latin America and Spain.

1

PRAYERS TO CATHOLIC SAINTS WITH SANTERIA CORRESPONDENCES, AND PRAYERS SAID DIRECTLY TO SANTERIA ORISHAS

Most of the prayers featured in this section are directed to Catholic saints that have been syncretized (identified) with Santeria deities (orishas). These prayers are often used by Santeros in conjunction with African concepts. They also stand on their own and can be said by any person with faith, regardless of religious belief. Some prayers in this section are directed to the orishas and are the result of African-European syncretism.



STORY OF THE CHILD OF ATOCHA

El Santo Niño de Atocha

Equivalent Orisha: Elegguá

Feast Day: Jan. 6th

The devotion to El Santo Niño de Atocha originated in Madrid, Spain, during the reign of King Alfonso the Wise in the 13th century. During medieval times, the Moors had large areas and battles between the Christians and Moors were commonplace. The Moors invaded the town of Atocha. Following a certain

battle, the victorious Moors held a great many Christians captive, and prevented the adult villagers from visiting as well as bringing the prisoners food or water. Fearing for the lives of the prisoners, their families stormed heaven with prayers for relief. One day, a child appeared, dressed as a pilgrim of that period, carrying a basket of food and a gourd of water. The Moors allowed the child to bring food and water each day. The prisoners were fed, but the basket and gourd remained full. The child was not known to the Christians nor to the Moors, so the people concluded that the child Jesus, disguised as a pilgrim, had come to their rescue.

In artwork, the Holy Child often wears a brimmed hat with a plume and a cloak or cape ornate with the St. James shell. (During the Crusades, scallop shells were the symbol of holy pilgrimages and one European variety is still referred to as "the pilgrim" or "St. James shell." Poets have written about their beauty and artists have admired their symmetry and grace.) In his left hand, he carries a pilgrim's staff

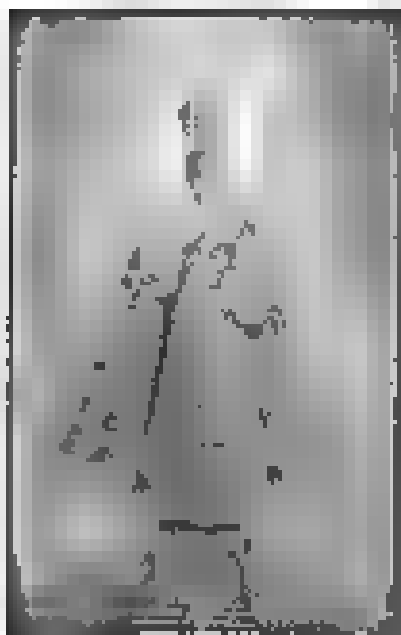
to the gourd of water is fastened, a pair of shackles, and a few spears of wheat. In his right hand, He holds a basket which generally contains bread or flowers. He either wears sandals or is barefoot. The Child is said to roam the hills and valleys, particularly at night, bringing aid and comfort to the needy, and thereby wearing out his shoes. He is usually shown seated.

The original statue of the Holy Child of Atocha was originally from Spain and now resides in the little town of Fresnillo, Mexico. El Santo Niño de Atocha is the patron saint of those unjustly imprisoned. He also protects travelers and rescues people in danger.

PRAYER THE CHILD OF ATOCHA

All-knowing Child of Atocha, protector of all men, protection of invalids, divine doctor of all illnesses. Most Powerful Child, I greet you, I praise you on this day and I offer you three Our Fathers, and Hail Marys, with a Glory be to the Father in memory of the journey that you made incarnate in the most pure womb of your most beloved Mother from the holy city of Jerusalem to Bethlehem.

For the petitions that I make today, I ask you to grant my request, for which I submit these deeds and in union with the choirs of cherubim and seraphim, adorned with the most perfect wisdom, oh precious Child of Atocha, I am happy to offer you my supplication, know that I will not be disappointed by you and I will be blessed with a good death in order to accompany you to the glory of Bethlehem. Amen.



STORY OF THE CHILD OF PRAGUE

Equivalent Original: Elegua

Feast Day: August 7th

The history of the Infant Jesus of Prague started in the 17th century when a statue of the Infant Jesus was brought into Bohemia (now Czech Republic) and eventually was given to the Discalced Carmelites in Prague. Since then, the statue has remained in Prague and has drawn many devotees worldwide to go and honor the Holy Child. Many graces,

blessings, favors and miraculous healings have been received by many who petitioned before the Infant Jesus.

PRAYER 2 THE CHILD OF PRAGUE

This prayer was taught by the Most Holy Virgin Mary to Father Cyril of the Mother of God.

Jesus, you decided to become a child, and I'm coming to you full of trust. believe that your attentive love foresees all my needs. Even for the intercession of your Holy Mother, you can meet my necessities, spiritual as well as material, if I pray according to your holy will. I love you with all my heart, all my strength.

I beg your pardon, if my weakness makes me sin. I repeat with the Gospel "Lord, if you want you can heal me." I leave you to decide how and when. I am ready to

accept suffering, if this is your will, but help me not to become hardened to it, rather to bear fruit. Help me to be a faithful servant and for your sake, holy Child, to love my neighbor as myself. Almighty Child, unceasingly pray you to support me in my necessities of the present moment.

Grant me the grace to remain in you to be possessed and possess you entirely. With your parents, Mary and Joseph, in the eternal praise of your heavenly servants. Amen

PRAYER 3

ANOTHER PRAYER TO

THE HOLY INFANT OF PRAGUE

Jesus, you decided for me to become a child, and I'm coming to you full of trust. I believe that your attentive love foresees all my needs.

Even for the intercession of your holy Mother, you can meet my necessities, spiritual as well as material, if I pray according to your holy will. I love you with all my heart, all of my strength, beg you pardon if my weakness makes me sin. I repeat with the Gospel "Lord, if you want you can heal me." I leave you to decide how and when. I'm ready to accept suffering, if this is your will, but help me not to become hardened to it, but rather to bear fruit. Help me to be a faithful servant and for your sake, holy Child, to love my neighbor as myself.

Almighty Child, unceasingly pray to you to support me in my necessities of the present moment (mention them here). Grant me the grace to remain in you, to be possessed and to possess you entirely, with your parents, Mary and Joseph, in the eternal praise of your heavenly servants. Amen.

**STORY OF
THE LONELY SOUL
Anima Sola**
Equivalent Orisha: Eshu Ambwana

As the story goes, a beautiful maiden of Judea named Celestina Abdenago (judging by her name, a Roman) was assigned the task of offering water to those suffering on crosses. She gave water to the thieves on either side of Jesus, but not to the Lord, who condemned her to an eternity in Purgatory, a worse fate than an eternity in Hell because Purgatory is a place where souls go for a determined period of time until ready to be admitted in Heaven. Celestina was condemned to be the only permanent resident of Purgatory, watching all others come and go while she remains in Hellish torment, the loneliest of souls. Why such a creature inspires devotion is perplexing, but millions light candles to her on Feb 1st and reverently display her horrific image, a beautiful maiden chained to a stone wall surrounded by flames.

PRAYER 4 THE LONELY SOUL

(Cuban version)

Overless Soul, Lonely Soul, nobody calls for you, I call for you. No one has need of you, I have need of you. No one worries you because they presume you are not welcome in Heaven, since you now reside in a He-eh region. Ride the best of horses and stride into the Tartar Forest, from where you shall take three branches from a special tree. One you'll give to the Spirit of Domination, the other to the unruly Spirit, and with the third branch I beg you to strike every name of man here, so that he may know no rest until he lets me subjugate him to my whim and pleasure. He won't be able to find rest, not sitting, not laying down, not eating, nor with a white woman or a black one, not with a mulatto woman, nor with an Asian. He won't be able to hold a conversation with any woman until he comes back to me like a dog to its master, humbled at my feet. AMEN

This prayer is to be recited at noon and midnight and an oil lamp should be kept lit behind the door until the desired end is reached.

PRAYER 5 ANOTHER PRAYER TO THE LONELY SOUL

(Modco)

*Oh Lord, I offer my prayers for the salvation of the
Lonely Soul. With your Divine Majesty and Love Direct
your Merciful Eyes to the Lonely Soul, Amen*



STORY OF SAINT ANTHONY

Equivalent Orisha: Elegua

Fest Day: June 13th

Born at Lisbon, 1195; died at Vercelli, 13 June, 1231 his father was Martin Bouillon, descendant of the renowned Godfrey de Bouillon, commander of the First Crusade, and his mother, Theresa Taveira, descendant of Froila I, fourth king of Asturia. At the age of fifteen, joined the Canons Regular of St Augustine, in the convent of St. Vincent, just outside the city walls (1210). Two years later to avoid being distracted by relatives and friends, who frequently came to visit him, he betook himself with permission of his superior to the Convent of Santa Croce in Coimbra (1212), where he remained for eight years, occupying his time mainly with study and prayer. Gifted with an excellent understanding and a prodigious memory, he soon gathered from the Sacred Scriptures and the writings of the Holy Fathers a treasure of theological knowledge.

In the year 1220, having been conveyed into the Church of Santa Maria the bodies of the first Franciscan martyrs, who had suffered martyrdom at Morocco, 16 January of the same year he too was inflamed with the desire of martyrdom, and resolved to become a Friar Minor, so that he might preach the Faith to the Saracens and suffer for Christ's sake. Having confided his intention to some of the brethren of the Convent of Olivares (near Coimbra), who came to beg alms at the Abbey of the Canons Regular he received from their hands the Franciscan habit in the same Convent of Santa Croce. Thus Ferdinand (his original name) left the Canons Regular of St. Augustine to join the Order of Friars Minor taking at the same time the new name of Anthony.

St. Anthony is known as a sublime preacher, a miracle-worker who understood the language of dumb beasts, the man who played with a civilized Child Jesus, and the second most popular Franciscan saint after Francis himself. He is the patron saint of marriage, of animals, and of finding lost things.

PRAYER 6 ST. ANTHONY

On Wondrous Saint Anthony, glorious as demonstrated by thy miracles renown and by the gesture of Our Lord, who came to you as a little child to be held in thine arms. Obtain for me from Our Lord's great bounty the grace, ardently wish for in the depths of my heart. Thou who was so loving towards the lowliest of the low, look not upon my unworthiness, but to the Glory of God that may be again magnified by the granting of this wish. Amen

PRAYER 8 OUR LADY OF CHARITY TOWNSHIP OF EL COBRE, CUBA

According to tradition the prayer was revealed to the three women named Juan (Juan who, Juan who, and Juan who) who were saved by the Virgin from a raging storm. They were black, white and mulatto in need of protection. Juan (who was a mulatto) an Indian a native American, and Juan (who was an African) together represented the reality of the races found amongst Cubans at the time when the prayer was first told.

Know ye my beloved children, that I am the Queen Mother of America. Take ye those who believe in my great power and become my devoted ones. I shall carry my children as a rule on their journey to keep them safe in their journey of freedom. I shall keep them from any evil influence, from uneducated drift from the path of civilization and from disease of mind and body. I shall keep them from suffering unneeded accidents. As you women carry of my children who's be saved, let the men be protected by your power as you do the boys. To be saved is with me Amen, Jesus. "Juan (who)" said the Lady. The first prayer was told on a piece of paper to a woman having a hard time giving birth during an earthquake and the women, as they were under the stars looking at the full moon the prayer on top of the mountain and down the side of the stone over the prayer in remembrance of the women who gave birth during the birth of the Lord, name that were helped by God himself because which I gave to the important mother who protected me during her hour of need." Amen, Jesus.



STORY OF SAINT BARBARA

Equivalent Orisha: Shango
Feast Day: Dec. 4th

St. Barbara was the extremely beautiful daughter of a wealthy heathen named Dioscorus, who lived near Nicomedia in Asia Minor. Because of her singular beauty and fearful that she be demanded in marriage and taken away from him, he jealously shut her up in a tower to protect her from the outside world.

Shortly before embarking on a journey, he commissioned a sumptuous bathhouse to be built for her, personally approving the two window design before he departed. As her belief became firm, she directed that the builders redesign the bathhouse her father had planned, adding another window so that the three windows might symbolize the Holy Trinity.

When her father returned, he was enraged at the changes and infuriated when Barbara acknowledged that she was a Christian. He dragged her before the prefect of the province, named Marcellus, who decreed that she be tortured and put to death by beheading. Dioscorus himself carried out the death sentence. On his way home he was struck by lightning and killed.

Saint Barbara died on December 4th, 306 AD. She was venerated as early as the seventh century. The legend of the lightning bolt which struck down her persecutor caused her to be regarded as the patron saint in time of danger from thunderstorms, fire, and sudden death.

When gunpowder made its appearance in the Western world, Saint Barbara was invoked for aid against accidents resulting from explosions—since some of the earlier artillery pieces often blew up instead of firing their projectile, Saint Barbara became the patroness of the artillerymen.

PRAYER 9

SAINT BARBARA

Oh God, keep away from me all those malignant and miserable beings who would stain me. I beg you O St. Barbara, so you may confound them. Keep them at bay, and as call upon you, offering my heart and life to you, divine Christian maiden whose bosom is welcoming of all good beings, cleanse me with your martyr's blood so that those who attempt to do evil to me will end up in Hell. Amen.

(This prayer is to be read on Tuesdays and Fridays. After each reading, three Our Fathers and three Hail Marys are to be recited. The prayer should be done a total of six times over a three-week period for protection).

STORY OF OUR LADY OF MERCY

La Virgen de las Mercedes

Equivalent Origin: Obatala

Feast Day: Sept. 24th

In the year 1218 St. Peter Nolasco and James I, King of Aragon and Catalonia, experienced separately a vision of the Most Holy Virgin who asked them to found a religious order dedicated to rescuing the many Christian captives held by the Moslems. This Order of Our Lady of Mercy, approved as a military order in 1235 by Pope Gregory IX, was able to liberate thousands of Christian prisoners, and later became dedicated to teaching and social work. The Mercedarian friars' habit imitates the

garments worn by the Virgin when she appeared to the founder of the order. The image of the Virgin of Mercy is dressed all in white over her long tunic she wears a scapular with the shield of the order imprinted breast high. A cloak covers her shoulders and her long hair is veiled by a fine lace mantilla. Some images have her standing, with the child in her arms, and others with her arms extended showing a royal scepter in her right hand and in the left open handcuffs, a symbol of liberation.

PRAYER 10 TO THE MOST HOLY VIRGIN, OUR LADY OF MERCY

Most Holy Virgin Mary of Mercy, mother of God and by this august quality deserving of the most profound respect from angels and humans alike, one of your children, have from a tender age considered you my patron and advocate in heaven. Since then, every single boon, every grace and every good thing that has happened to me has been through your intercession. You are powerful in front of your most precious Son. Help me remain faithful to you throughout the days of my mortal existence, oh Virgin, so that in the afterlife may merit being with you thanks to your infinite mercy and glory, Amen.

STORY OF THE MOST HOLY VIRGIN OUR LADY OF REGLA

La Virgen de Regla

Equivalent Orisha: Yemayá

Feast Day: Sept. 8th, or, in some houses, Sept. 12th

- In 1600, in the sugar cane plantation known as Guadamar, first modest shrine to La Virgen de la Regla de San Agustín.
- Invocation of Mary popular among sailors, was first erected.
- A more proper church was made on the site of the original shrine, and a new image of the Virgin was enthroned in the altar. With their well-known passion for abbreviation, Cubans changed the name of "the Virgin of San Agustín's order" to "The of Order" ("regla" means, among other things, order). The crowd of devotees which grew around the small church became known as "Regla" also, eventually becoming a small town, which is still so.
- At some point the Cuban Virgen de Regla became independent, no longer standing Augustinian's virgin, and is now officially considered as a separate invocation of Our Lady.

PRAYER II THE MOST HOLY VIRGIN OUR LADY OF REGLA

- One of the translations of the word "regla" is "rule" or "law". Many have erroneously translated the Black Madonna's name as "Our Lady of Rules." In reality she is named for the township of Havana harbor that features a shrine to the Virgin, the township Regla, which itself was named for the Virgin of the Order of St. Agustín. "regla" means "order."

*Oh most holy and sweetest Virgin Mary, Mother of
God, daughter of the Most Absolute King, Ruler of*



STORY OF SAINT LAZARUS

San Lazaro

Equivalent Onishuk Dabalu Ayo

Feast Day: Dec 17th

The Lazarus of popular piety is a mixture of two characters named in the Bible. One is Lazarus, the brother of Mary and Martha of Bethany, friend of Jesus, whom he resurrected. The other Lazarus features in a parable told by

Jesus and is described as a poor man who lived off the crumbs of the table of a rich man, but on the other side was enthroned in Heaven. The rich man agonized in Hell. Somehow both Lazaruses became saints and one in popular veneration.

PRAYER 12 ST. LAZARUS

*Oh Blessed and Glorious St. Lazarus of Bethany
Protector and supporter of Martha and Mary, I call on
you, oh beloved and always vivid spirit of grace with the
same faith that Jesus called you at the entrance of
your tomb, from which you emerged after having been
interred for four consecutive days without showing any
signs of impurities or decay. Oh, Holy Spirit, I call upon
you with the same faith that God had in you to consider
and grant what I ask for in this prayer Amen.*

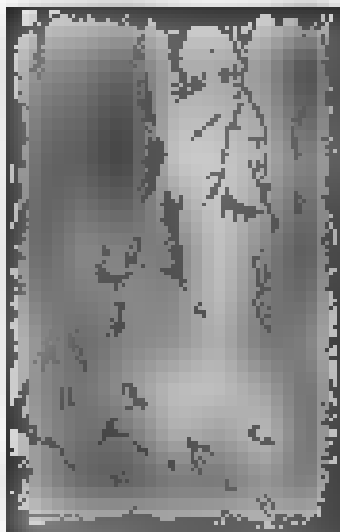
PRAYER 13

PERMANENT PRAYER

SAINT LAZARUS

Patron saint of the poor, I call upon thy spirit to ask of thee a favor. I hold in my hands a crutch and a medal bearing thy name. I call on thee to do justice for me at all times. believe in thee, Saint Lazarus, in the name of the Father, Son, and Holy Ghost, may thou judge the merit of my request, relying on thy infinite goodness through thy intercession with Jesus Christ. Amen

Say your request, make the sign of the Cross



STORY OF RAPHAEL

San Rafael

Equivalent Origin: Isra

Feast day: October 24th

The archangel Raphael is the custodian of humanity. It is said that an old man named Tobias, who had a son by the same name, was suffering from a disease that left him blind. Walking around, the younger Tobias met Raphael, who was in human form. While bathing in the River Tigris, young Tobias was attacked by a huge fish. Raphael told Tobias to grab the fish, and he did. Raphael then taught Tobias how to make medicine out of the fish's entrails. With this medicine, Tobias cured his father and many others.

PRAYER 14
SAINT RAPHAEL ARCHANGEL

[illegible]

RELATION NOW,



STORY OF SAINT THERESE OF THE CHILD JESUS

Santa Teresita de Jesus

Equivalent: Orisha Oya

Feast day: October 1

Educated by the Benedictines when she was fifteen she applied for permission to enter the Carmelite Order, and refused by the superior, went to Rome to her father, so eager to give her to God as she was to give herself. to seek the consent of the Holy Father who then celebrating his jubilee He preferred to leave the decision in hands of the superior who finally consented and on 9 April 1888 at the unusual age of fifteen Thérèse Martin entered the convent of Lisieux where two of her sisters had preceded her

The account of the eleven years of her religious life marked by signal graces and constant growth in holiness, is given by Sœur Thérèse in her autobiography, written in obedience to her superior and published two years after her death, in 1901 it was translated into English, and in 1912 another translation, the first complete edition of the life of the Servant of God, uniting the autobiography, "Letters and Spiritual Counsels" was published. Its success was immediate and it has passed into many editions, spreading far and wide the devotion to this "little" saint of simplicity, and abandonment in God's service, of the perfect accomplishment of small duties

The fame of her sanctity and the many miracles performed through her intercession caused the introduction of her cause of canonization only 17 years after her death, 10 Jun. 914.

PRAYER 15 TO SAINT THERESE OF THE CHILD JESUS

My Lord and my God, I have realized that whoever undertakes to do anything for the sake of earthly things or to earn the praise of others deceives himself. Today one thing pleases the world, tomorrow another. What is praised on one occasion is denounced on another. Blessed be You, my Lord and my God, for You are unchangeable for all eternity. Whoever serves You faithfully to the end will enjoy life without end in eternity. Amen.



STORY OF ST. JOHN THE BAPTIST

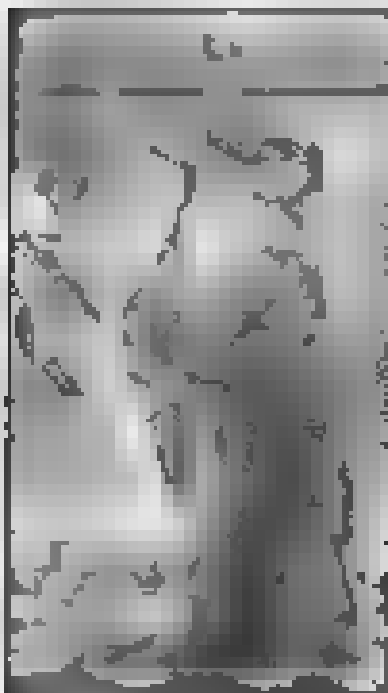
*Equivalent Orisha: Ogun (some say St. Peter)
Feast Day: June 24th*

Cousin of Jesus, baptized the Lord in the river Jordan, thus considered by Christians the greatest prophet. He died when Salome, stepdaughter of King Herod, asked for his head on a silver platter after having danced so well - King during a birthday party that he offered her "Anything - even half my kingdom." What the evil young woman asked for, and by her mother, the queen, was the head of John the Baptist "on a silver platter." In this fashion, John the Baptist a martyr before Jesus himself suffered at Calvary!

PRAYER 16

SAINT JOHN THE BAPTIST

Most glorious St. John the Baptist, precursor of my Lord Jesus Christ, handsome star of the best sun, Heaven's trumpet, voice of the eternal Word, the greatest among saints, lieutenant of the King of Glory, more a son of glory than of nature, and for these and all other reasons, most powerful prince in Heaven. Help me reach that which I hope to get, if it be good for my soul. If not, then give me perfect resignation, with abundant grace, so that God's friendship may be mine, thus securing for me the eternal joys to be found in glory, Amen. Our Father Hail Mary, Gloria, Salve.



STORY OF ST. FRANCIS OF ASSISI

Equivalent onika; Onika (H)

Feast Day: October 4th

Founder of the Franciscan Order, born at

Assisi in Umbria in 1182

died there on October 3rd, 1226.

Saint Francis, the son of a merchant of Assisi, was born in that city in 1182 Chosen by God to be a living manifestation to the world of Christ's poor and suffering life on earth, he was early inspired with a high esteem and burning love of poverty and humiliation

The thought of the Man of Sorrows, Who had not where to lay His

kindled him with holy envy of the poor and constrained him to renounce the wealth and worldly station which he abhorred. The scorn and usage which he met with from his father and countrymen when among them in the garb of poverty were delightful to him. "He exclaimed, "I can say truly, 'Our Father who art in heaven'" Divine love burned in him too mightily not to kindle like flames in hearts. Many joined themselves to him and were constituted by Innocent III into a religious Order which spread rapidly throughout Europe. St. Francis, after visiting the East in the vain quest of knowledge, spent his life like his Divine Master—now in preaching to multitudes, now amid desert solitudes in fasting and contemplation. One of these retreats he received on his hands, feet, and side, signs of the five bleeding wounds of Jesus. With the cry, "Welcome, Death," he passed to glory on October 4, 1228.

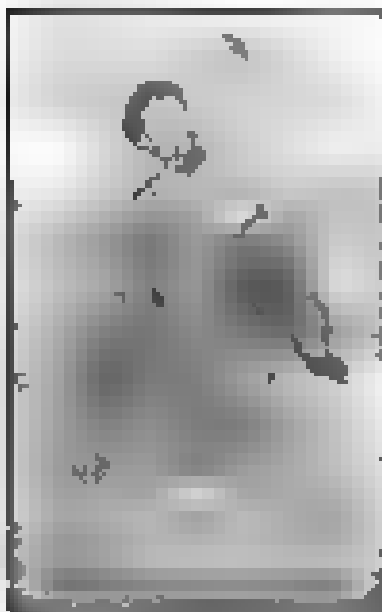
PRAYER 17 SAINT FRANCIS

My Lord Jesus, Light and Splendor of the Eternal Father, you who with so many lights illustrated the apostolic St. Francis, defending him against the heathen hordes that sought to destroy him, I implore, oh Lord, that you may enlighten my thoughts so that I'll be able to recognize the sins that against your divine majesty I've committed, and that by with contrite heart confessing them, I may dedicate my life and death to you, Amen.

PRAYER 18

ST. FRANCIS'S PEACE PRAYER

*Lord, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
Grant that I may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love;
for it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying [to ourselves] that we are born to
eternal life.*



STORY OF ST. CHRISTOPHER

Equivalent Oriya: **ଆକ୍ର**

Feast day: July 25th

Christopher, a very tall man, made a living carrying people across a river on his shoulders. One day a tiny child asked that Christopher carry him across. Midway, the child became so heavy that Christopher had to turn back. Astonished, he asked the child about his weight. "I have the weight of the

whole world on my shoulders, Christopher." Understanding that this was the Christ appearing in the guise of a child, Christopher became a Christian, eventually dying for his god.

FOURTH

ST. CHRISTOPHER

Grant the following to those who invoke you, glorious martyr Saint Christopher, allow them to be preserved from epidemics and earthquakes, from the rages of storms, fires, and floods. Protect us with your intercession during life from the calamities that Providence may hold for us. During death free us from corrections, assisting us during our last hour, that we may reach eternal good will. Amen.

STORY OF OUR LADY OF CANDLEMAS

Equivalent Origin: Oyni Feast day: February 2

Candlemas is also called the "purification of the Blessed Virgin" and "Feast of the Presentation of Christ in the Temple." It is observed every year in the Catholic Church. Forty days after the birth of Christ, Mary redeemed her firstborn from the temple (Numbers 18:15), and purified by the prayer of Simeon the just, in the presence of Anna the prophetess (Luke 2:22 sqq.). No doubt this event, the first solemn presentation of Christ into the House of God, was in the earliest times observed in the Church of Jerusalem. The solemn procession of candles represents the entry of Christ, who is the Light of the World, into the

Temple of Jerusalem. When Our Lady is in this guise, she is known as "Our Lady of Candlemass."

PRAYER 20
OUR LADY OF CANDLEMASS
ALSO KNOWN AS "HAIL, O QUEEN OF HEAVEN"

*Welcome, O Queen of Heaven.
Welcome, O Lady of Angels.
Hail! Thou root, hail!
Thou gate from whom unto the world, a light has arisen;
rejoice, O glorious Virgin,
lovely beyond all others,
farewell, most beautiful maiden,
and pray for us to Christ.*

*V. Allow me to praise thee, O sacred Virgin
R. Against thy enemies give me strength.
Grant unto us, O merciful God, a defense against our
weakness, that we who remember the holy Mother of
God, by the help of her intercession, may rise from our
iniquities, through the same Christ our Lord. Amen.*



PRAYER 21 THE SEVEN AFRICAN POWERS

*Oh Seven Powers that are saints among saints!
Humbly, I kneel before your miraculous image, asking for
your help before God. Oh Heavenly Father who protects
us all when we are happy or sad, I ask you in the name
of Almighty Jesus Christ for this petition (say your
request). Now, once again I have peace of mind and
material prosperity. Keep away from my house all harm
and evil which may cause me hardship. May they never
return. My heart tells me this petition is just and will
be granted, if granted, it will glorify your name forever.
Jesus Christ in the name of the Father, Son, and the
Holy Ghost. Listen Shangol! I call upon you, Oshun!
Help me, Yemaya! Look upon me with grace, Obatala!
Come to me, Gguni! Do good to me, Orula! Intercede for
me, Elegba! All Seven African Powers in the name of
Olofin, grant my request.*

PRAYER 22

THE MOST GLORIOUS ELEGGUA

To the Lord of All Paths, illustrious warrior, immortal prince, I offer this humble prayer. Keep away from my abode all matter of evil and guard my home and those who reside in it when I'm awake or asleep, present or not. I ask Olufi God to bless you, Eleggua, beloved Lord of All Roads. Ashé.

PRAYER 23

PRAYER TO CHANGO MACHO

Oh spirit of Chango Macho, mysterious warrior king who has power over our future. Watch over me. I humbly pray that you light my path and bless my existence with good fortune and love. Allow me to succeed in my job, business, and at the games of chance you guide me to, so that I can meet my needs and be joyful and at peace.

I kneel before your image, I admire your power, strength, and wisdom, and I ask for your benevolence in the name of God Almighty. Protect me from all evil intentions, influences, and thoughts. I shan't retreat because you've vanquished my enemies!

*Chango, guide and protector. Grant me
in the name of the Father, the Son, and
the Holy Ghost, Amen*

PRAYER 24

YEMAYÁ

Goddess of the Sea

Oh Holy Sweet Virgin Mary, favored by the Almighty King, Lady of Angels, Mother of God, Merciful Queen, Boundless in Pity. As in the days of old when the beleaguered went to your temples in search of sanctuary, so do we now seek comfort in your abode as you show us your mercy in many ways.

Sailors in great storms invoke your name as the Lady of Regia, thereby freeing themselves of fear. Before embarking, they give you offerings in your church in Regia, thus assuring themselves of safe travel.

Those being hounded find solace in your image.

The sick become well through your intercession, even those with fevers, broken bones, and anemia.

Bring health and strength to those worthy to receive it. We hope, dear Lady, that through your intercession we receive what we ask for in prayer. Although we know that, because of our faults, we do not deserve what we ask for, we beg you nevertheless to answer our prayers. Amen.



STORY OF SAINT MARTIN

Feast Day: November 3

Patron saint of barbers,

Peru, poor people.

Born 9 December 1579 at Lima, Peru. Illegitimate son of a nobleman and a young freed slave, he grew up in poverty. Spent part of his youth with a surgeon-barber from whom he learned some medicine and care of the sick.

At age 11 he became a servant in the Dominican priory. Promotes alms, he begged more than \$2,000 a week from the rich to give to the poor and sick of Lima. Placed in charge of the Dominican's hospital. Known for his tender care of the sick and for his spectacular cures, superiors dropped the stipulation that "no black person may be admitted to the holy habit or profession of our order" and Martin took vows as a Dominican brother.

Established an orphanage and children's hospital for the children of the slums. Set up a shelter for the stray cats and and nursed them back to health. Lived in self-imposed austerity, ate no meat, fasted continuously, and spent much time in prayer and meditation. Great devotion to the Eucharist. Friend of Saint John Massias.

He was venerated from the day of his death. Many miracles including raising the dead attributed to Brother Martin. First American saint.

Died 1639 of fever. Beatified 1873. Canonized 16 May 1952 Pope John XXIII

PRAYER 25

SAINT MARTIN OF PORRES

Oh most merciful God! You gave us a perfect model of humility, abnegation, and charity in Martin of Porres. Without looking at his lowly birth you made him great and glorified in your heavenly kingdom, amidst choirs of angels! Look at us with compassion and make Martin's intercession a reality for us.

To you, most blessed Martin, who lived only for God and for your fellow beings, you who so solicitously looked after the needy, tended to us who admired your actions and virtues and praised the Lord who so much praised you. Make us feel the effects of your great charity, praying for us to the Lord who so highly rewarded your meritorious acts with eternal glory. Amen.

PRAYER 26

SAINT JOHN BOSCO

O glorious Saint John Bosco, who in order to lead young people to the feet of the divine Master and to mold them in the light of faith and Christian morality, didst heroically sacrifice thyself to the very end of thy life and didst set up a proper religious institute destined to endure and to bring to the farthest boundaries of the earth thy glorious work. Obtain also for us from Our Lord a holy love for young people who are exposed to so many seductions in order that we may generously

spend ourselves in supporting them against the snares of the devil, in keeping them safe from the dangers of the world, and in guiding them, pure and holy, in the path that leads to God. Amen.



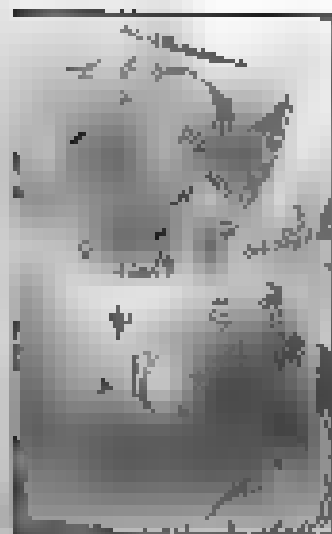
PRAYER 27 SAINT JUDE

St. Jude, glorious Apostle, faithful servant and friend of Jesus, the name of the traitor has caused you to be forgotten by many. But, the true Church invokes you universally as the Patron of things despised of.

Pray for me, who am so miserable. Pray for me, that finally I may receive the consolations and the success of Heaven in all my necessities, tribulations and sufferings. Particularly,

(here make your request),

and that I may bless God with the Elect throughout Eternity. Amen.



PRAYER 28 SAINT MICHAEL THE ARCHANGEL

*Michael the Archangel, defend us in
battle. Be our protection against the
wickedness and snares of the devil.*

*May God rebuke him, we humbly pray; and
do thou, O Prince of the heavenly host,*

*By the power of God, thrust into hell Satan and all evil
spirits who wander through the world for the ruin of
souls. Amen.*

PRAYER 29 SAINT DYONYSIUS' LOVE PRAYER

*O God the Father, good beyond all that is good, fair
beyond all that is fair, in whom is calmness, peace, and
concord; do thou make up the dissensions which divide
us from each other, and bring us back into a unity of
love which divide us from each other and bring us back
into a unity of love which may bear some likeness to
thy divine nature. And as thou art above all things, make
us one by the unanimity of good mind; that through
the embrace of charity and the bonds of affection we
may be spiritually one, as well in ourselves as in each
other through that peace of mind which maketh all
things peaceful. And through the grace, mercy, and
tenderness of thy Son, Jesus Christ. Amen.*



PRAYER 30 SACRED HEART OF JESUS

*O God, Who dost delin mercifully to
bestow upon us infinite treasures of love
in the Heart of Thy Son, which was
wounded for our sins;
grant, we beseech Thee,
that we who pay Him the devout*

*homage of our piety,
may in like manner show unto Thee
our due of worthy satisfaction.*

*Through the name Christ our Lord.
Amen.*

PRAYER 31 OUR LADY OF GUADALUPE

*Our Lady of Guadalupe, mystical rose, Intercede for
the Church, protect the Holy Father, help all who invoke
You in their necessities. Since You are the ever Virgin
Mary and Mother of the True God, obtain for us from
Your Most Holy Son the grace of a firm and sure hope
amid bitterness of life, as well as an ardent love and
the precious gift of final perseverance.*

*Dearest Lady, fruitful Mother of Holiness, teach me
Your ways of gentleness and strength. Hear my prayer,
offered with deep felt confidence to beg this favor.*

O Mary, conceived without sin, I come to your throne of grace to share the fervent devotion of your faithful Mexican children who call to Thee under the glorious title "Guadalupe" - the Virgin who crushed the serpent.

Queen of Martyrs, whose Immaculate Heart was pierced by seven swords of grief, help me to walk valiantly amid the sharp thorns strewn across my path. Invoke the Holy Spirit of Wisdom to fortify my will to frequent the Sacraments so that, thus enlightened and strengthened, I may prefer God to all creatures and shun every occasion of sin.

Help me, as a living branch of the Vine that is Jesus Christ, to exemplify His divine charity always seeking the good of others. Queen of Apostles, aid me to win souls for the Sacred Heart of my Savior. Keep my apostolate fearless, dynamic, and articulate, to proclaim the loving solitude of Our Father in Heaven so that the wayward may heed His pleading and obtain pardon through the merits of Your Merciful Son, Our Lord Jesus Christ. Amen.



STORY OF ST. CHARLES BORROMEO

Feast Day: November 4th

Charles was the son of Count Gilbert and Margaret Medici, sister of Pope Pius IV. He was born at the family castle of Arona on Maggiore Lake on October 2. He received clerical tonsure when he was twelve and was sent to the Benedictine abbey of SS. Gratian Felinus at Arona for his education.

In 1553 his uncle was elected Pope Pius IV and the following year named him his Secretary of State and created him a cardinal and administrator of the see of Milan. He served as Pius' legate on several diplomatic missions and in 1562, was instrumental in having reconvened the Council of Trent, which had been suspended in 1552. Charles played a leading role in guiding and finishing the Council, the third and last group of sessions. He refused the headship of the Borromeo family on the death of Count Frederick Borromeo, ordered a priest in 1563, and was consecrated bishop of Milan same year.

He died at Milan on the night of November 3-4, and was canonized in 1582. He was one of the towering figures of the Catholic Reformation, a patron of learning and the arts, and though he achieved a great power he used it with humility, personal austerity, and unselfishness to reform the Church of the clergy and laity as well as among the clergy and the nobles of the times.

PRAYER 32

ST. CHARLES BORROMEEO

Almighty God, you have generously made known to human beings the mysteries of your life through Jesus Christ your Son in the Holy Spirit.

*Enlighten my mind to know these mysteries which your Church treasures and teaches.
Move my heart to love them and my will to live in accord with them.*

Give me the ability to teach this Faith to others without pride, without ostentation, and without personal gain.

Let me realize that I am simply your instrument for bringing others to the knowledge of the wonderful things you have done for all your creatures.

*Help me to be faithful to this task that you have entrusted to me.
Amen.*

PRAYER 33

ST. CHARLES BORROMEEO

O Saintly reformer, animator of spiritual renewal of priests and religious, you organized true seminaries and wrote a standard catechism.

Inspire all religious teachers and authors of catechetical books.

*Move them to love and transmit only that which can form true followers of the Teacher who was divine.
Amen.*

PRAYER 34

HOLY CROSS OF CARAVACA

Advocate against lightning, storms, and tempests.

About this sovereign cross, oh Lord, so miraculous and prodigious, a thousand elegant voices are raised in praise of its power, for no pen can write of its incalculable potency.

From the heavens above, choirs of angels descend to praise this cross, for so many miraculous deeds it performs, that it is truly a wonder.

Men, women, and children should carry with them the Cross that came down from the heavens to serve them as comfort; may it keep us from the claws of the fierce Dragon.

The lame, the crippled, the dumb and the blind, all find comfort in the Cross; so beautiful that Christ chose it as his spouse.

From heaven it was sent by the eternal Father, so we may ponder its mysteries here on earth.

The seraphim sing its praises with diaphanous voices; the cross made by Christ to serve as our comfort.

You may call yourself "most fortunate Caravaca," for you serve as banner for all that is heavenly; you Holy Cross, where Our Lord gave his life.

All travelers travel without fear by land or sea, so long as they carry this cross with them.

Great are the mysteries hidden by this Cross; let us say, Blessed be the Cross in this way holy trembles along with its denizens.

From unexpected deaths, fires, thefts, and many other dangers the holy Cross that found rest in the Arms of Christ saves us.



PRAYER 35 THE THREE THEOLOGICAL VIRTUES

Oh Omnipotent God! Father of all that exist, Bountiful, Magnanimous, make me never reject FAITH, so that I may love and cherish you.

Oh Christ, Son of God, redeemer of mankind and exemplary model of humility and docility, infiltrate my animus with enough energy to make HOPE the comforting balsam that will helping complete my life's destiny with dignity.

Oh Most Holy Mother of Christ! Queen of Heaven and epitome of purity and virtue, you who prodigiously offered CHARITY to all who needed it, deign to bring to my heart the reflection of your radiant intervention so that I also, may share with the needy some of the material goods I possess.

And with all of these virtues, FAITH, HOPE, and CHARITY, reverently effactualized, I beg you to grant

what I ask in this prayer, if such a petition is for my good. If not, I will continue to practice the three virtues and breathe my last breath, Amen

PRAYER 36

SAINT INNES OF THE WOODS

(Santa Ines del Monte)

Oh Sovereign God, infinitely graceful in allowing human hearts to find solace in your bosom, with the soft magnet of your divine bounty you attracted the noble SAINT INNES OF THE WOODS of Asia, who for your love rejected all of the vain promises that the world offered her who gave up riches and even her own parents to embrace with valor the cross of mortification so that helped by your Divine Majesty she could become the spouse of the Lord in the seraphic order of her enlightened sister and mother Saint Clare, whom she emulated with fervor, becoming an exemplary role model of all of her perfect virtues.

Allow us, Lord, through your intercession, to be able to answer yourself being attracted only by your reliable goodness. Let us turn away from all false flattery and worldly conveniences so that by imitating her virtues we may also embrace in this life the cross of mortification and in this manner, we may also link our souls with your Divine Majesty in the celestial paradise of glory, Amen.



STORY OF GABRIEL

"Fortitudo Dei", The Strength of the Lord
One of the three archangels mentioned in the Bible. In the New Testament, he foretells to Zachary the birth of John the Baptist, the Precursor, and to Mary, that of the Savior. Thus he is thought of as the angel of the incarnation and of Consolation, and so in Christian tradition Gabriel is ever the angel

of mercy while Michael is rather the angel of judgment.

PRAYER 37 SAINT GABRIEL THE ARCHANGEL

Oh most glorious prince of Heaven's court, most excellent Saint Gabriel, God's prime minister, friend of Jesus, and most favored by his holy mother Mary, Defender of the Church, advocate of mankind, you who so favors your devotees, teach me to love and serve, oh glorious Gabriel, and may you obtain from Our Lord for me that which I want and request through this prayer, for the greater honor and glory of the Lord and benefit to my soul. Amen.

With great confidence and devotion, ask now for the favor you seek



STORY OF THE POWERFUL HAND OF GOD

The upward-pointing late Roman hand of Power tallman continues in popularity today in the form of the Roman Catholic Powerful Hand (Mano Poderosa in Spanish) which is sold on holy cards and applied to votive candles. The meaning of the hand is the same as in ancient times - may we protection and benediction - but in the modern Catholic version, the fingers are

held upright, as is the thumb, and various saints and angels are on and around the digits

PRAYER 40 THE POWERFUL HAND OF GOD

(Say your request, then read the prayer)

Here I come with the faith of a Christian soul looking for your mercy while under such anguished circumstances. Leave me not without your shelter. If a door opens to me that would not serve me, let it be your Powerful Hand that shuts it for me! And if such door leads to my happiness and the peace I have longed for, then by all means leave it open. At your feet I leave this plea, from a soul so hurt by fate that without your Powerful Hand it cannot think of fighting. Oh God, please forgive any fault I may possess and grant me strength that I may yet triumph for your honor and glory, Amen. Our Father who art in heaven...

PRAYER 41 THE MOST POWERFUL ARM

(Start off by reciting the Apostles' Creed,

*Oh Powerful Arm, Jesus Divine, now that a sad mood
envelops my soul, tearing my prayers with desperation
and woe, I come to you because you epitomize superior
virtue, and all hearts are understood by your
compassion. As you have taken control of your inner
being, you understand the difficulties faced by us mere
mortals each day of our lives. You can also decide to
what degree we are guilty and to what degree atone. Oh
Powerful Arm, you who in search of our redemption
became flesh and went through what those created by
your hand go through, you who by choice experienced all
manner of chance encounters with pain and suffering,
allowing your precious blood to be spilled so that your
doctrines and teachings could also be propagated
throughout creation, receive my supplication on this
day. grant me the following*

*Finish with three Creeds, three Our Fathers, and one
Hail Mary three days in a row. If at first you don't
succeed, try again after allowing at least nine days to
have gone by.*



STORY OF SAINT LUCY

A virgin and martyr of Syracuse a city whose feast is celebrated by the Church on 13 Dec. Lucy was born of rich and noble parents about the year 283. Her father was of Roman origin, but his early death left her dependent upon her mother whose name Eutychia seems to indicate that she came of Greek stock. Like so many of the early martyrs, Lucy had consecrated her virginity to God, and she hoped to devote all her worldly

to the service of the poor. Her mother was not so single-minded, as occasion offered itself when Lucy could carry out her spiritual

The fame of the virgin-martyr Fabiola, who had been only two years before in the Roman persecution, was numerous visitors to her relics at Galeria, not far from Syracuse, and many miracles had been wrought through her.

Eutychia was therefore persuaded to make a pilgrimage in the hope of being cured of a hemorrhage, from which she had been suffering for several years. There she was a fast runner, and making herself of the opportunity persuaded her mother to accompany her, and distribute a great part of her riches among the poor. The success

the greed of the unworthy youth to whom Lucy had been betrothed, and he denounced her to Paschianus, the Governor of Sicily in the year 303 during the fierce persecution of

she was first of all condemned to suffer the shame of

but in the strength of God she stood immovable so that they could not drag her away to the place of shame. Divers of her then wept about her and set on fire, and said if God spared her she might be slain by the sword but before she died she would witness of Paschianus and the speedy termination of his

persecution, adding that Diocletian would reign no more, and that he would meet his end. So, strengthened with the Bread of Life, she wore her crown of virginity and martyrdom.

PRAYER 42
SAINT LUCY
SPECIAL ADVOCATE FOR THOSE
WHO SUFFER FROM EYE MALADIES

Most glorious virgin and martyr St. Lucy, whose acceptance into Heaven the Eternal Father foretold early on by taking her as a worthy daughter during her childhood, the Sovereign Son choosing her as a loving spouse, while the Holy Spirit found in her a worthy Vessel, I Suppliantly ask St. Lucy that from the most Blessed Trinity you bring me a devout fervor, and that just as your most fortunate soul began at a young age to serve God inflamed by the burning fire of His love, without withdrawing from such worthy pursuits, the culmination of which was your earning of the double crown of virgin and martyr: may I attain, with your powerful help, a true love towards God so that by loving and serving him in this life I may enjoy the privilege of seeing His joy in the sweet bye and bye, Amen.

With your precious eyes,
watch over us, lovely virgin.
Since it was God, sweet young damsel,
who made you a fierce warrior
Lucy, you who rejoiced in Heaven's great might,
have your Divine spouse, guard over our eyes with
Ask for what you want and recite three Our Fathers
and Three Hail Marys.

PRAYER 41

SAINT CIPRIAN AND SAINT JUSTINE

Most glorious Saint Ciprian and your most loyal companion Saint Justine, who since childhood were blessed with the ecstasy of watching the statues of Jesus and Mary, contemplating their perfections; thus did you console your grief. Get for me from such beneficent Mother and Son the ability to seek nowhere else for solace but from the contemplation of their greatness. To whom I gave up all my vices and bad habits, giving myself wholly to be worthy of their bounties. Grant this, beneficent Ciprian, as well as the special request, have this day _____

Amen

PRAYER 44

OUR LADY OF THE HOMELESS

O, Sovereign Queen, how my soul rejoices in the vast greatness of your power and elevated status, although I am an unworthy vassal who deserved the ignominy your precious son, my redeemer, suffered for my faults and sins. Receive me, my Lady, give me shelter, you who are my firm stake during the dangers and troubles life gives me.

Give me the grace to be able to give you my heart with devotion thus keeping your standards, like being attentive and prompt when it comes to recognizing the divine laws which rule over life everlasting.

_____, I swear to God and a Holy Cross
that you will follow me like the living behind the Cross
and the dead behind the Light.

Lady Shree Our Fathers to the Remorseless Spirit
(Espiritu Intrigulo) so God will grant my wish.

Let all my past faults be erased from my soul, and I
may get that which I need in order to attain tranquility
and felicity as I traverse the august paths of eternity,
Amen.

The first paragraph of this prayer is to be recited
three times in honor of the three hours Our Lady
suffered at the feet of Our Precious Lord, her Divine
Son, while he hung on the cross. Then the whole prayer
is to be read once from beginning to end.

PRAYER 45

THE MOST HOLY CHRIST OF GOOD HEALTH

Oh Sweetest Jesus, on the Cross Crucified, only
begotten son of the Eternal Father and the immaculate
Virgin Mary! As a poor soul, I come to you, most
Benevolent Lord, as a sickly creature I come to you,
the True Physician, the only Giver of Health, which is
the true meaning of your Most Holy Name, Jesus; Do
not permit me to stray from you before receiving
comfort and solace at your Feet; grant that which I
ask out of the goodness of your heart, and that of
your Mother's; pay no attention to my faults, for you'd

be forced to abandon me then. Look instead at all your merits, and then look upon me with pity, making me an heir of your Divine Glory.

Because of your merits I'll be able to reach that which I would have never been able to reach. From this moment on offer you my most heartfelt thanks for keeping me in your mercy, which will be forever praised, Amen.

PRAYER 46 THE NEEDY

Oh God Almighty, Supreme Maker of the universal. Forgive this mortal if I have somehow offended you because of my ignorance. You who everything sees and by your infinite wisdom know, look upon the needs I have on this day and help me obtain my daily bread by way of honorable work or any other way that does not weigh heavily on my conscience.

Hear my plea, Oh Lord which I make from my heart, with the desire not to be delinquent in the performing of my duties and let those who owe me also keep their promises, so that my sustenance and that of my family will be taken care of, or my ideas can come to fruition if they be for my betterment and that of humanity.

Give me the strength to continue to face these trials that weaken my body and my spirit, do this for me not because I'm proud, My God, but to make my mission tolerable as I deal with all the unexpected obstacles in

my way placed without having to derail from my path.

*I thank you, Lord, for your infinite bounty, for no one
can doubt your mercy, and I know you will help me realize
my idea, or the acquisition of the job I need, Amen.*



PRAYER 47 THE GUARDIAN ANGEL

Protecting spirit who watches
over me incessantly, you whose
mission it is to guard me, whether
because it brings you joy to do good,
or because by so doing your spirit
advances becomes pure, save me.
During the night, as my spirit goes
out into the unknown, take me where
my dear departed are, so that they
may help me by teaching me lessons

need to learn in order to deal with the problems of my
life. Make suggestions to my imagination, giving it
solutions to problems I will face during my waking hours.

Help me gain strength by observing nature, help me
raise my tired spirit from the new battles it has met,
battles that have weakened my hopes. Amen

STORY OF ST. APARICIO

Patron Saint of Animals Feast Day July 27

In Galicia, Spain, in the 500's, Sebastian de Aparicio was a man and a lover of animals who had tremendous powers of communication with wild beasts. He later went to Mexico, where he became a Franciscan monk. He died at the age of 95, his body remains

PRAYER 48 ST. APARICIO

1. St. Aparicio, beatified by the Catholic Church in 1787, was a person, his prayer seems to work with the principle of the prodigal son. 2. he is invoked to find lost articles because his name is 'Aparicio,' which is to the Spanish word for "it was found," APARECOI.

I pray to you, Saint Aparicio, that just as the Child God appeared through your power and patience, that which is lost and now look for may also appear as I call on your glorious name may all my valuable lost articles reappear, as I travel through dangerous passages, may my guardian angel appear Help me as as I thrice say the word "APPEAR" My lost articles will appear by way of Saint Aparicio's intercession. May all obstacles fall away by the power of Saint Aparicio. Do not turn a deaf ear to my heartfelt petitions, as I sing your praises. Amen, Jesus.

May all Christians praise the name of the sweet man Aparicio. Who with the strength of his hand, will find my missing lost items.

STORY OF ST. BLAISE

Patron of wild animals and healer of throat ailments
Feast Day: Feb. 3rd

In traditional Catholic communities, the Blessing of the took place on St. Blaise's feast day, February 3rd. This day two are blessed, held slightly open and pressed against the throat as blessing is said. Saint Blaise's protection of those with throat comes from a story that a boy was brought to him who had a stuck in his throat. The boy was about to die when Saint Blaise "him.

Very few facts are known about Saint Blaise. He was a in Sevestria in Armenia who was martyred under the reign of the early fourth century.

He was born in to a rich and noble family who raised him a Christian. After becoming a bishop, a new persecution of began. He received a message from God to go into the hills to persecuted men hurtling in the mountains discovered a surrounded by wild animals who were sick. Among them Blaise a unafraid, curing them of their illnesses. Recognizing Blaise as a they captured him to take him back for trial. On the way back, he a wolf into releasing a pig that belonged to a poor woman. When was sentenced to be starved to death, the woman, in gratitude, into the prison with food and candles. Finally Blaise was killed by governor.

Blaise is the patron saint of wild animals because of his care them and of those with throat malapiles.

PRAYER 49 ST. BLAISE

Oh enlightened soul of the Lord! Oh saintly pontiff
and martyr, strengthened by God! You found delight in
caves, wild beasts obeyed you, monsters protected you,
devils gave tribute to you, and loneliness kept you
company. With unnumerable miracles, you converted
many gentiles to the faith of Jesus Christ. You saved
those who had a bone stuck to their throats, becoming
adept at performing such a miracle whenever a person
so afflicted remembered to call your name! Look
favorably upon those who call upon you with faith and
devotion, so you may intercede for them, so that He
who chose you and made you strong and glorious in
heaven and earth will deliver us from all evil and the
temptations posed by evil, as well as from earthquakes
and tremors, and, most important of all, may we be
delivered from eternal damnation. Amen.

Keep this prayer with you at all times.



PRAYER 50 SAINT ANNE

Good St. Anne, you were especially favored by God to be the mother of the most holy Virgin Mary, the Mother of our Savior. By your power with your most pure daughter and with her divine Son, kindly obtain for us the grace and the favor we now seek. Please secure for us also forgiveness of our past sins, the strength to perform faithfully our daily duties and the help we need to persevere in the love of Jesus and Mary. Amen.

(This prayer is begun and is ended by invoking the Holy Trinity. Make your petition and make the sign of the cross.)



PRAYER 51 THE SACRED HEART OF JESUS



O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my

temporal needs, your blessing on all that do, and the grace of a holy death. Amen.

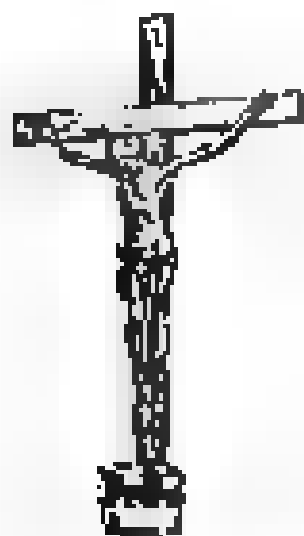
PRAYER TO JESUS CRUCIFIED: Here I am, good and gentle Jesus, kneeling before you. With great fervor I pray and ask you to help in the genuine convictions of faith, hope and love with true sorrow for my sins and a firm resolve to amend them. While I contemplate your five wounds with great love and compassion, I remember the words which the prophet David long ago put on your lips. "They have pierced my hands and my feet, I can count all my bones." (Psalm 22/17-18).

PRAYER 52

THE SHOULDER WOUND OF CHRIST

O Loving Jesus, meek Lamb of God, I miserable sinner salute and worship the most Sacred Wound of Thy Shoulder on which Thou didst bear Thy heavy Cross which so sore Thy flesh and laid bare Thy Bones as I inflict on Thee an anguish greater than any other wound of Thy Most Blessed Body. I adore Thee, O Jesus most sorrowful; praise and glorify Thee, and give The thanks for this most sacred and painful Wound, beseeching Thee by that exceeding pain, and by the crushing burden of Thy heavy Cross to be merciful to me, a sinner, to forgive me all my mortal and venial sins, and to lead me on towards Heaven along the Way of Thy Cross. Amen.





PRAYER 53
INVOCATION IN HONOR OF
THE HOLY WOUNDS OF
OUR LORD JESUS CHRIST

Eternal Father, I offer Thee the Wounds of Our Lord Jesus Christ to heal the wounds of our souls. My Jesus, pardon and mercy through the merits of Thy Sacred Wounds. Amen.

PRAYER 54
ACT OF REPARATION
TO THE SACRED HEART OF JESUS

O sweet Jesus, whose overflowing charity for me is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Your altar (in Your presence) eager to repair by a special act of

sincerely promise to make reparation, as far as we can with the help of Your grace, for all neglect of Your great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent other from offending You and to bring as many as possible to follow You.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to You, so that we may one day come to that happy home, where You with the Father and the Holy Spirit live and reign, God, world without end. Amen.



PRAYER 55 CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS

O most Sweet Jesus, Redeemer of the Human race, behold us prostrate most humbly before Your altar (in your presence). To You we belong; Yours we wish to be; and that we may be united to You more closely, we dedicate ourselves each one of us today to Your most Sacred Heart.

Many have never known You, many, despising Your commands, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart. Be You King, O Lord, not only over the faithful who never have gone away from You, but also over the prodigal children who have forgotten You, and make them return quickly to their Father's house: yes! They perish of misery and hunger. Be You King of those who have been misled by error or separated by schism and call them back to the haven of truth and the unity of faith, so that there may soon be one fold and one Shepherd! Grant to Your Church, O Lord, assurance of freedom and immunity from harm: give peace and order to all nations, and grant that, over the whole earth, from pole to pole, may resound the words:

Praise to the Divine Heart, through which was brought to us salvation; glory and honor be to It for ever. Amen

O Heart of Love put all my trust in You, for fear all things from my own weakness, but hope for all things from Your goodness.

Most sweet Heart of Jesus, grant that peace, the fruit of justice and charity, may reign throughout the world.

The Promises of Our Lord to Saint Margaret Mary in Favor of Those Who Are Devoted to His Sacred Heart:

- 1 I will give them all the graces necessary in their state of life.
- 2 I will establish peace in their houses.
- 3 I will comfort them in all their afflictions.
- 4 I will be their secure refuge during life and above all in death.
- 5 I will bestow a happy crowning upon all their mortal race.
- 6 Sinners shall find in My Heart the source and the infinite ocean of mercy.
- 7 Holy souls shall grow fervent.
- 8 Fervent souls shall quickly mount to high perfection.
- 9 I will bless every place where a picture of My Sacred Heart shall be set up and honored.
- 10 I will give to Priest the gift of touching the most hardened hearts.
- 11 Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out.
- 12 I promise You in the excessive mercy of My Heart that all, all powerful, who will grant to all those who communicate on the First Friday of nine consecutive months the grace of final penitence, they shall not die in My displeasure nor without receiving the Sacraments. My Divine Heart will be their safe refuge in this last moment.

(This prayer is optional and may be said after all
Glory Be to the Father while reciting the Rosary.)

O my Jesus, have mercy on us. Forgive us our sins.
Save us from the fires of hell. Take a good soul to heaven,
especially those most in need of thy mercy. Amen.

PRAYER 56

OUR LADY, ASSUMED INTO HEAVEN

Immaculate Virgin, Mother of Jesus and our Mother, we believe in your triumphant assumption into heaven where the angels and saints acclaim you as Queen. We join them in praising you and bless the Lord who raised you above all creatures. With them we offer you our devotion and love. We are confident that you watch over our daily efforts and needs, and we take comfort from our faith in the coming resurrection. We look to you, our life, our sweetest need, and our hope. After this earthly life, show us Jesus, the first fruit of your womb, O kind, O loving, O Sweet Virgin Mary. Amen.

PRAYER 57

OUR LADY OF FATIMA

Most Holy Trinity—Father, Son, and Holy Spirit—I adore thee profoundly. I offer Thee the most precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

Fatima Prayers: *My God, I believe, I adore, hope, and I love You. I beg pardon of You for those who do not believe, do not adore, do not hope, and do not love You.*

Mary, Queen of the Holy Rosary, pray for us. Mary, Queen of Peace, pray for us. Mary, Our Loving Mother, pray for us.

PRAYER 58 MEMORARE

*Remember, O most gracious Virgin Mary that never
was it known that anyone who fled to Your protection,
implored Your help, or sought Your intercession was
left unprotected. Inspired with this confidence, we fly to you,
O Virgin of virgins, our Mother. To You we come; before
You we stand, sinful and sorrowful. O Mother of the
Word Incarnate, despise not our petitions, but in Your
mercy, hear and answer us. Amen*

PRAYER 59 THE SEVEN SORROWS OF THE BLESSED VIRGIN MARY

- I. The prophecy of Simeon*
- II. The Flight to Egypt*
- III. Loss of Child Jesus for 3 days, later found in His
Father's House*
- IV. Witnessing Jesus carry his Cross*
- V. The Crucifixion of Jesus*
- VI. Taking Jesus Down from the Cross*
- VII. The Burial of Jesus*

PRAYER 60

OUR LADY OF MOUNT CARMEL

Jesus Christ, Savior of the World, Son of Saint Mary virgin, Most Pure and Blooded Lady who without pains gave birth to the Lord, pray for me to your Son so he may liberate me from all adversities and dangers of life, for you are the most beautiful of all, more than all flowers and all angels. Help me, crown me, fountain of mercy, temple of God, House of the Holy Spirit. Reach out and give me the grace of your generous son Jesus, so he may forgive my sins and bring to my soul true penance.

Intercede for me, oh Virgin Mother of God, so that all patriarchs, prophets, cherubim, seraphim, and all celestial beings along with the angels will pour their gifts by Jesus given over my soul. I hereby command my soul to the Lord so that from now on all of its intentions are granted towards attaining the glory of God, Amen.

Jesus, Mary, and Joseph, Joachim and Anna, to you I command my soul.



PRAYER 61 SAINT ISIDORE THE TILLER

Almighty and Everlasting God, creator and redeemer of my soul, thank you for having provided us with your humble and blessed servant, Isidore, protector and advocate as well as remedy for all of my ailments, the result of the toils and miseries of this life. I hurt and am truly sorry for all the wrongs I've done against your divine bounty, and I hope that by the intercession of this saint you give me the grace to purify my soul of all faults so that, by saying this prayer with love, I may be worthy to obtain the graces that I'm seeking, so long as your Holy Name is glorified and my soul bettered. Amen.

PRAYER 62 OUR LADY OF FATIMA

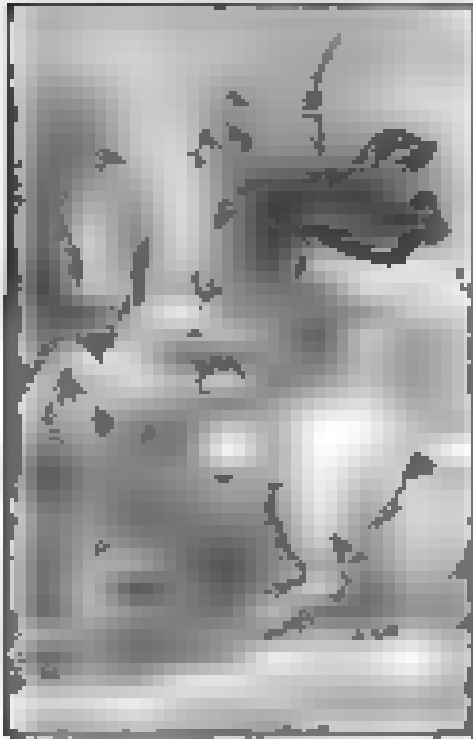
Blessed be thy name. Protect me from vanity and deceit, for I know it is only in humility that I can hope for security. I know that in building my spiritual house, your blessing will be upon me today and always. Let me be an instrument in bringing joy to others, for that is surely the way my soul will be joyous.

PRAYER 63

LEF

THE BLESSED SOULS OF PURGATORY

Divine glorifier of souls. At the end of your passion hanging on the Cross of torment, ready to die and in agony, you forced the last and seventh word "in thy hands commend my spirit." You then died and later manifested yourself in the bosom of Abraham in order to glorify with your divine presence the blessed souls for the pain of the pains that penetrated the hearts of your sovereign Mother when she saw the light in your eyes dim at the hour of your demise. I commend to you oh Lord, the Blessed Souls, so that when the pains, torment, and penalties of Purgatory are over, your divine hands will receive them in order to glorify them in heaven. And those who so often have tried to take your life with their faults, make it, most merciful Lord, that they truly repent at the hour of their deaths so they may say "in your hands commend my spirit." And may I, my Lord, obtain what I ask for in this prayer if it be for your greater honor and the glorifying of my soul, Amen.



STORY OF ST. GEORGE

Patron saint of Eng and
Feast Day April 23rd

He was born in Cappasocia of
Christian parents and on the death
his father, accompanied his mother
Palestine, her country of origin, where
had land and George was to run
estate. He was martyred at Lybia
Palestine (Nicomedia)

He held an important post in
Roman army the rank of tribune
perhaps colonel in modern terms. during the reign of the Emperor
Diocletian (245-313) Diocletian was a great persecutor of
Christians. From about 302, and when the persecutions began George put a
his office and complained personally to the Emperor of the
of his decrees and the dreadful purges of Christians. For his
though he was thrown into prison and tortured. He would not
his faith however and the following day he was dragged through
streets and beheaded. It is uncertain whether he also tore down
Emperor's decrees as they were posted in Nicomedia. So he was
the first to perish. The Emperor's wife Alexandra was so impressed
at the Saint's courage that she became a Christian and so was
sent to death for her faith. A pagan town in Libya was being
ruined by a dragon. The people kept throwing sheep to it to pacify it.
When this remained unsatisfied, they started sacrificing some
the children. Finally the local princess was to be thrown also to
beast, but Good Saint George came along, he slayered the
dragon and rescued the fair princess. At this the townsfolk converted
Christianity.

PRAYER 64

SAINT GEORGE

Powerful knight, example to the humble, you defended us from vices with your lance, and also from the Devil, in order to transport us to glory. By the humility of God's glorious martyr, St. George, we humbly ask for the efficacious intercession of the saint to defeat all the dangers that sadden my existence, helping me anchor at a joyous port when fatigued, and to safely navigate the crossing over to glory, where may eternally song your praises, Amen.

PRAYER 65

ST. CARALAMPIO

PROTECTS AGAINST AIRBORNE BACTERIA, SUCH AS ANTHRAX

God, Almighty Lord, in whose hands rest everyone's life and well-being, through the merits and intercession of your faithful servant St. Caralampio, priest and martyr whom you awarded with the crown of martyrdom which he won through his heroic faith and constancy exhibited while defending your Holy Name. Wherever a relic of St. Caralampio is kept, or his name is commemorated, there shan't be hunger, nor pestilence, nor contagion. We humbly ask you, Lord, as we venerate the memory of St. Caralampio, his martyrdom, and his admirable virtues here on earth, that we may be worthy of staying healthy and free from infection thanks to the merits of Our Lord Jesus Christ, with whom we?

rejoice in the heavens, where He reigns with God and with the Holy Spirit, Amen.

—Pray for us, St. Gerardo!

So we may be worthy to receive the promises that Our Lord Jesus Christ made.



STORY OF ST. GERARD MAJELLA

Feast Day: October 16th

Born in Muro, about fifty miles of Naples, in April, 1726; died October, 1755; beatified by Leo XII, January, 1893, and canonized by P. XI, December, 1904. His only aim was to be like Jesus Christ in sufferings and humiliations. His father, Dominic Majella, died while Gerard a child. His pious mother, owing poverty, was obliged to apprentice him to a tailor. His master loved him, the foreman treated him cruelly.

His reverence for the priesthood and his love of suffering led him to service in the house of a prelate, who was very hard to please. On latter's death Gerard returned to his trade, working first as journeyman and then on his own account. His earnings he divided between his mother and the poor, and in offerings for the souls in purgatory. After futile attempts first to become a Franciscan then a hermit, he entered the Congregation of the Most Holy Fathers in 1749. Two years later he made his profession, and to the house

as one by which he bound himself to do always that which seemed more perfect. He was favored with infused knowledge of the order, ecclesiastical prophecy, discernment of spirits, and elevation of hearts, bi-location, and with what seemed an unlimited power over nature, sicknesses, and the devil. When he accompanied the poor on missions, or was sent out on business, he converted more than many missionaries. He predicted the day and hour of his death. A wonderworker during his life, he has continued to be the same after his death.

ST. GERARD MAJELLA

Oh glorious Saint. You who suffered so much adversity and endured much pain, you who were persecuted and slandered, maintaining a remarkable calmness throughout your trials and tribulations, I ask you to give me some of your fortitude as I meet all challenges that life throws my way.

How can I attain the virtue of patience, oh holy saint, when the smallest work frightens me? When the most insignificant obstacle hurts and angers me? I must come to the realization that only through the path of abnegation is heaven reached. Guide me through life's difficult journey, St. Gerard, give me the strength to accept the crosses God assigns me so that afterwards I may deserve to be with Him in heaven. Amen.

our griefs. Once our souls have been set at ease we
 believe, as that the worthy acceptance of the
 Eucharist. We also pray for the peace and prosperity of
 the Church, as well as for a more abundant plenty of
 faith, charity, and good works, all of which would be
 the Church's triumph over the face of the world. And it is
 humbly requested and more so for the glory of God and
 advancement of my spiritual growth, may I be so
 granted. And my protection please protect my requests
 do this and I will be in the most glorious and perfect
 state of my heart to glorify his name. Amen, Amen.

It is customary to also recite the Prayer of the
 Soul after helping this prayer.

PRAYER 71 OUR LADY OF LOURDES

O Immaculate Virgin Mary,
 Queen of Mercy,
 you are the refuge of sinners,
 the heart of the sick,
 and the comfort of the afflicted.
 You know my needs,
 my troubles, my sufferings.
 By your appearance at the Grotto of Lourdes
 you made it a privileged sanctuary
 where your favors are given to people
 according to their needs from the whole world.
 Over the years, countless sufferings
 have obtained the cure for which I feel like

in the love of our Lord, OF PRAY
 Therefore, come to you
 with trusting confidence
 to impart your heavenly intercession
 through the hands of the Holy Spirit.
 The power of my requests
 through the hands of the Holy Spirit,
 will endeavor to impart your virtues
 that may one day share in Your glory.

Amen

PRAYER 72 SAINT MARY MAGDALENE

Saint Mary Magdalene
 woman of faith, love,
 who by your witness
 became the witness of Jesus.
 I praise you for your witness
 that Jesus forgives
 through the blood of Jesus

you, who already receive eternal happiness
 in the glorious presence
 of the Father for me
 so that some day
 may share in the same everlasting joy.

Amen



PRAYER 73 ST. ALEX

O glorious St. Alex, may You who have the power to share away all sins, pray on the behalf of the sinner, and that you share away my sinfulness.

Drive Satan away from me, chase him and someone away from me. May, please, bring out and bring, chase away all who would come to cause my harm.

Get me so far from the bad people that they'll never be able to see me. So it is.

Drive away any of plotting mortal. Drive away those unloving folk who would harm me. Bring me close to the Lord as I am with His arms around me. Cover me with goodness and make a space for me under the shadow of the Holy Spirit, Amen, Amen.

PRAYER 74 THE IMMACULATE CONCEPTION

O God,
who by the Immaculate Conception of
the Blessed Virgin Mary,
did prepare a worthy dwelling place for Your Son,
we beseech You that,
as by the fourteen years of age, Your Son,

You did protect Mary from all stain,
so too You would protect us,
purified through Her Immaculation,
to come unto You
through the same Lord Jesus Christ,
Your Son, who lives and reigns with You
in the unity of the Holy Spirit,
God, world without end.
Amen.



STORY OF ST. EXPEDIUS Feast Day April 30th

Patron of prompt response, against procrastination of overly cautious, procrastination, avoidance of delay, spiritual success, merchants, navigation.

Expedius was possibly born in Armenia, as an unknown date. He was a Christian martyr, but not much else is known about him. A virgin convert received a package from Rome concerning a statue and relics of a saint, but they were sent to whom she had formerly belonged. The package in which it came was marked "expeditus" or "expedite" which is Latin sometimes for Expedius. Whether she felt sorry for the poor Armenian martyr or the good saint had sent her to be saved by an idol, she gave the words "I will not, I will not, I will not, I will not." The unknown statue now resides in New Orleans, and the statue's name is regularly mentioned with gratitude in the pontifical canon of the local paper, alongside St. Jude.

**PRAYER 73
ST. EXPEDITUS
(EXPEDITE)**

*Saint Expedit, you lay in wait
Come to you and see things
We want be granted.*

(Name your request)

*Expedito this, stop a day of you
Expedito now the name of you
This very second.
Don't waste another day
Of a moment and for
'tween the power,
Show you because of your work
Show who can do it.
You do this for me and to
Spirits you move with love and honor
and speed your name so be known.
Expedito this what we spread, love,
Power and goodness
My glory to you, Saint Expedito!*

*(Light a candle for St. Expedito as you repeat prayer
Next to a glass of water for the family.)*

*Recite daily. Not required in apartment and the next to
give St. Expedito a gift. Add prayer for all drinking
St. Expedito so that his name and power will prevail*

**PRAYER 74
ANOTHER PRAYER TO
SAINT EXPEDITE**

Most glorious martyr and blessed protector St. Expedito! On rushing car down the road from quickly in your attendance did in the most precious blood of Jesus, so humbly ask that you bring us the ability to possess a humble faith to perform abundant good works and to know how to loving to ourselves the Mass our hope strong and comforting, give good work and other things. Make us have abundant charity that we daily find our sister love. Make us are in each other a true image of our Christ. Give us our words, thoughts, and actions, may we all continue search for the glory of God, may we never stray from the teachings of our holy fathers the Church, and may always see in the Supreme Pastor and representative of Jesus Christ on earth, and may you so bring us from the Lord's mercy, carry us to our Mother Church. Forgive us sins for our sinning men, and also find healing for their hearts, may the guilty find forgiveness, may the just persevere, may the holy find the mercy grace of the Holy Ghost, may those who have the will of us find the joy of Christ's embrace, and may the souls of our dead find rest in everlasting peace. Finally, oh glorious martyr, make it possible for the Lord to give us the grace that we ask for in this prayer, if we confirm our loyalty to Jesus here and when we reach the sweet life and His home.

(Ask for your request)

Right after this prayer, say Our Lord Our Father now

May special Blessings be poured down upon the
 wife of the Son and so the Holy Spirit may give a
 power to the Father that he may grant you what you
 need.

PRAYER 37
Fifteen Minutes Under the Shelter of
THE SACRAMENTAL FEARS

Abstract

[illegible]

Alfred Holly Sacramento, Please inform you a huge
big life. Finally some in line of good fortune in my
business ventures, so that may at last can myself
from this unfortunate that have a responsibility on me,
promising to always help those less fortunate than
myself in their hope of relief and give me Alfred Holly
Sacramento. THANKS

At Accella's Church is now resumed. The prayer is
best held at 12 or 3 PM on Thursdays or Fridays, by
the Holy Eucharist. Follow with the very strong

Figure 1

Should appropriate steps be taken to ensure that women are better represented and better informed on the public life, scientific and philosophical perspectives against road traffic as a scientific threat to the future of our society?

附 錄

Interviewees learn about the world all encompassing
not just to the character by the world of their
own life but by the world of the

Reynolds and Associates Limited and its Subsidiaries

Example: The most effective prayer should be carried by a person known by Jesus, accustomed to be attracted to a Catholic expression of devotion, completely lacking both temptations, passions, pleasures, natural or divine, dreams, spellings, sudden desires, upper pains, fears, and other such evils and dangers. The prayer holds a special quality of being by who carries it. The Grace of God. May the Lord raise up for you many and many who please Him. The Lord Grant you His rich blessing. Amen. Then PRAY THE PRAYER OF THE BLESSED VIRGIN MARY.

STORY OF SAINT JOAN OF ARC

In French *Jeanne d'Arc*, by her last and popular name - b. Facciola (see above). She was born at Domremy in Champagne, c. 6 January 1412. Died at Rouen 30 May 1431. One of the born to Jeanne d'Arc and Robert Knolly, the children. Received names from Saint Margaret of Antioch, Saint Anne, Almondine, and Michael the Archangel from age 13.

In the early 15th century, England, in alliance with Burgundy, controlled most of what is modern France. In May 1428, Joan's father led the first English army to France and the French. He carried a banner that read "Joan, Mary, and the troops" - led to another. Her victories from 23 February 1429 to 23 May 1429. Charles VII of France, captured by the English, was held in 13 thousand France, she was tried by a military court, and executed on 30 May. In 1456, her case was reopened, and Joan was declared a saint in 1909.

PRAYER TO SAINT JOAN OF ARC

Oh Saint Joan of Arc! Humble messenger of God whose mission was to convert the gross peoples of your people, who were blinded by sin and make them. To have your heavenly vision to face the danger of sin and all of your brethren. Ourselves, inspired by spirit from God, you were chosen to bring us home. For your virtues reached us as a light, and you were called to be by God and men alike. At your feet

we believe she brought to us the light of the Holy Spirit of my mission. We hope we have spiritual strength in order to overcome myself for the purifying power of the Holy Spirit.

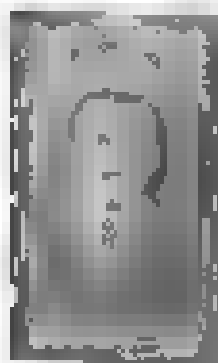
Oh Divine Father of our Lord! May that God not be ashamed of us, may He be with us in our prayer. Amen.

This prayer is particularly good when one has lost all will to live.



**TO MYTHIC PERSONAGES,
FOLK "SAINTS,"
AND
PERSONALIZED OBJECTS**

Continued & illustrated by Tony



STORY OF DR. JOSE GREGORIO HERNANDEZ

He was born on October 28th, in Trujillo, State of Veracruz. He studied medicine in Mexico and P. collaborating & practice attached to the poor in northern Mexico. As soon as possible Dr. Hernandez came from and went to help to be a Christian. His health, however, kept him from lasting years, and he died in Veracruz in 1905.

helping an invalid. Although dying only two years, he is still on his way to becoming an official canonized saint. In 1950 Pope declared him "venerable." One of the ways he made

PRAYER 76 DR. JOSE GREGORIO HERNANDEZ

O merciful God who has chosen as your servant JOSE GREGORIO, who inspired by your grace made himself known to many people as a saint, to help those demonstrating an intense faith, an angelic purity, and a perpetual sense of charity, this being the way that he has gone to your throne, mercifully you show when he died. He came to us in the name of the Father to be a worthy help to our nation, to help it by the ACT your honor and glory and peace of your Church are magnified, we ask in the name of Jesus Christ. Amen.

(Ask Dr. Hernandez for a loan reply)

PRAYER 77 THE LUCKY HORSESHOE

O the power of the Most Holy Trinity, the Horseshoe. Pray for us in the name of the Father and of the Son and of the Holy Ghost, bring us health, good fortune, and peace. When through the forest you wander, O Lord, lead us there, among the thorns and the thistles, you blesses your servant with your great power. And as you placed a horseshoe in the one of your hands, Lord, and with it your horse does you up with it. And you do form this horseshoe with the power to give us health, good fortune, and peace.

And I am now finding a chance to help and helping at things holy and things holy. Horseshoe, may it help me do whatever I want. May it be able to do things unthought of. May I be able to do things, may I achieve great power and wealth. May I be able to help me. And for the Father, Son, and Holy Spirit, my prayer and from now on my prayer. Amen. And of this thing, do the work of it. And as you place it, through your holy power, my word, Amen.

PRAYER #1 THE CHUPAROSA

*Oh divine hummerbird, you have the power to make
my days sweeter while making my heart stronger. You
take pain from the heart and turn it into sweet nectar,
so I hope that you can bring me someone in my life,
and keep him.*

PRAYER #2 LA MADAMA

*Oh Glorious Black Mother Mary, heart to pure,
help of you to calm my mind and help me manage
anxious and life's challenges.*

*Teach me to control an spirit called La Madama,
she run this and give me strength. Let me wish your
children to be and may reach me.*

*Grant me a little of your supernatural treasure
knowing that where you are money has no value.
I hope you be able to be my protector. Amen.*

PRAYER #3 NEGRO ELITE

*Calix, was there who came from Cuba
to Venezuela by God sent and by the King is ordained
As a man you promise to be with me,
and for this you will be go.
Now I ask you, please to
do who would this to help me released
my mind, body, and spirit.
Give me your blessing.
Let your wonderful is not run off on me a little
say all instead of all away from me.
In the name of God, Amen.*

May Peace Our Fathers and The Holy Mary,

PRAYER #4 THE MIRACULOUS HERMANO JOSE

*Blessed and faithful spirit
of Hermano Jose,
Minister of the Holy King,
whose activities changed with the miracle
of helping us grow in wisdom and love,
we ask that you give us your support
as we face each day's demands.
Help us, oh Holy Spirit,
have the fortitude of character to
reject harmful thoughts and the temptation*

O Merciful God who granted Don Pedro's Jaramillo
 that would reduce us to the
 minutiae of our thoughts
 and help us to recognize our defective
 nature: the veil of ignorance from our eyes
 so that we may recognize our faults.
 To you, O Heavenly King,
 who are eternally at our side,
 and to all the other good spirits
 who take an interest in our well-being,
 we pray that we may be worthy
 of your consideration. You know our needs,
 O CHRISTIAN KING that you improve our lives
 as we come closer to being closer, Amen.

PRAYER 24 DON PEDRITO JARAMILLO

O Merciful God who granted Don Pedro's Jaramillo
 the ability to live the rich grace that he gave, now
 purified by death, to allow us to come in the Holy
 company of my Guardian Angel in order to give the
 spiritual Father's grace in order to request my benefit. I ask
 also, O God, that Don Pedro's spirit reach the
 heights of perfection for your greater glory, O God.
 Amen.

PRAYER 25 THE SPIRITS OF MONEY AND RICHES

O mysterious Spirits of Money and Riches, I humbly
 ask that you grant my wishes. God has shown me the
 gold, and I'll share with others who I've put in the coin.
 Amen.

PRAYER 26 FOR BEHIND THE DOOR

In the name of Almighty God, and on the heavenly
 authority that when this prayer is uttered behind the
 door, it is as if I were at my home, at my bedside, at my desk, at
 my feet, and at the altar, I ask that you be present
 in everything I do. For I am not only here, but also
 for the protection of my person and those of my household,
 and also for the good of my soul, and for the
 forthcoming. May God bless my home.

May God keep all our thoughts away from my sins.
 May God visit my home with peace and harmony, and
 the ability to come as a refuge for the needy. Amen.

PRAYER 88
THE SPIRITS OF THE SEVEN HEAVENS

*Oh Spirits of the Seven Heavens, help me, please
Remove this curse cast upon me.*

*To the evil spirits my fate was held, send them and
back and cursed they be called.*

PRAYER 89
THE SPIRIT OF FAST LUCK

*Oh Spirit of Fast Luck, Oh Spirit of Good Luck, Shine
on me, make my path full of success. So be it.*

PRAYER 90
THE CONTROLLING SPIRITS

*Potentia! Controlling Spirits,
give me the grace to hold _____ down
You suffer while cannot even begin to
do that which you can. Help from my control
Be there.*

PRAYER 91
THE RED WITCH

*Oh Red witch who knows my sorrow,
Drive me a fever, today or tomorrow,
Heal me for I am truly driven,
and as he thinks of me he craves.*

PRAYER 92
THE SPIRIT OF THE MUMMY

*Oh Spirit of the Mummy, Dead and Born,
and you you brought my soul to life,
and bring forth our nation. Amen.*

*With you I stand and all
Oh Spirit of the Mummy,
Be please and honor you.*

Bring me what I need now.

As I am, so shall I be.

PRAYER 93
TAKE-AWAY PRAYER

*Oh Spirit of the Take-Away, what have I lost, help me
great things take away. Give me my resources
today. And my resources are in the land of
disappointment with the lost spirits. Turn to your
left. Oh Spirit of the Take-Away, grant what I ask for
please and please and give them what they need
for, Amen.*

STORY OF THE CONGO SPIRIT

In 1844 when the Fox sisters in upstate New York reported an apparition that was to sweep the North American and Allen Karins began and the movement called "Spiritism" in the spirit of the plot would often manipulate white American opinionizing the content of the "noble savage" in Cuba where more expert needed by the Spaniards, the noble savage is questioned by African, particularly Congo, opinion. There have been such as "Dido" "Francisco" "Francisco" and "Serge" "Eaton" had a letter from guiding Congo spirit, a collection of carried out.

PRAYER #4
THE CONGO SPIRIT
Ezra 1:1-4

Oh glorious victory given by your love and your grace
 From mortalities with loads of meanings and pains born
 Withstand all the heavenly hosts as fit for God among
 The angels and the archangels. Adhere your sword
 Your shield and your compass. All join O' God
 Open up paths and from the old trophies of blood
 Who would have so cruel the harm done by the dear
 Gorge of life, no I may defeat the enemies, protect my
 home and keep my family safe from harm.

STORY OF SAINT ELLAH

SAN LUIS DE PAROISSE DEL GEMINADO
Los Laureles Barrio San Luis Paroiss July 20th

[illegible]

Edith remained still more mysteriously than he had appeared to. Each he with translated to that he should experience death. As he conversed with his spiritual son Elisha on the hill of Moab, a very charmer, and they bowed toward their birth parents after a long time in a paternal embrace (2 Kings 2:11).

Although St. Elizabeth is a Biblical property and a religious name, the Catholic Church has been often used as a patron saint in such a way as to consist of this book, but it more of this paragraph than in any other.

PRAYER 95 SAINT ELIJAH

Most glorious Father of ours and prophet of
 EGYPT: Great leader of the world's people and founder of
 the order of Mary of Mount Carmel, from the heart
 of which you sent me a prophetic vision in light. A
 cloud came down from the east, we have her appearing her
 great power, and from the west we shall hope regarding
 desecrating upon it. In the capital of the world, flooded
 the number 666,666,666 of Israel, prophet of Ely's
 grace, which will be holy redemption who would have
 one entire faith. On holy light of the Ely, make
 one follow your path by dedicating myself to you who
 is our Father and our comforter, make me able to walk
 one path of life without tending, but only by the holy
 Church, just as you showed me daily by your path
 during your flight to Mount Sinai, carrying the
 one object. Teach me how to escape from the
 world and the love of the flesh so that, trusting you
 for the glory of God, I may find myself stand up by
 you every day, singing God's praise and praise of his
 Holy Mother, who I love to see and love for all eternity.
 Let it be so (Our Father and Our Holy Mary are to
 be said at this point)

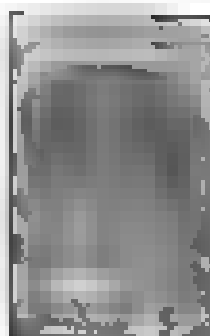
PRAYER 96 PRAYER/REVOCATION OF ST. ELIJAH

Most powerful Saint Ely of Mount Carmel, blessed
 servant of the Omnipotent God, guide of us mortals
 and able to make us. As I am on this ground before
 you, I want your help in helping me to the house of God of
 the redoubtable that gloriously plays to it, whether they
 are more than or better in such one. In you, SAINT
 ELIJAH, that just as you have been the power of the
 nation under the sun, may you show all the power
 and me your power so that with it, may I be able to
 understand and be able to stand against the evil that
 may be done to me in the future.

Make me, my heart, not so a shadow in the corner
 where danger approaches. Help me in that way to
 achieve a peace of tranquility in my home. Make me
 express in my heart, and I am able to keep a simple
 case of my mind to be a world of me.

Every day, I light you a candle each day, for
 fifteen days, and on the fifteenth day, I light you
 one of lamp to keep my home.

Our Father, A Holy Mary, and a Gloria are recited
 here.



PRAYER 77
SAINT MARTHA THE
DOMINATRIX

On Monday 28. March, for the oil
you will deliver on this day, we shall
thank your lamp's flame, and let the
cotton that occurred in the ritual of
Enrique's Death, released our group
to you so you may take care of my
males and help me out of my miseries.
Help my intentions, oh Virgin, all this

As far as I am concerned, the only persons who matter at your firm, there are no other individuals, are the employees who work for you. I am sure that you will agree with me on this point.

Maize is powerful. On Great Mocha, I was
able to talk to the president, manager,
and members of my team. From Mexico and by the
kind of Christmas, you know that which is plenty to my
satisfaction. I am glad to

On my high 50, I suddenly was aware that the woman
 sitting next to me was also young. I felt almost
 like a little girl, looking down at my feet. The woman
 was so young, but she was so old. She was so old,
 yet she was so young. She was so young, yet she was so old.
 She was so old, yet she was so young. She was so young, yet she was so old.

[illegible]

(Kneel once the Holy Spirit will be on this prayer.)

RELATE TO
THE LIST ABOVE

This aspect of Clark has become a mythic celebration for those reading the long term of the war.

While this prayer with his people, Jesus will never fail provide a powerful witness. Testimonies will tell by his only the glorious. It goes to Capital to the Supreme Court. There will bring forth witness to the nation. Jesus will resurrect and many.

WEST RUBEN

[illegible]

PRAYER 99 THE SPIRIT OF HATRED

*Oh most Holy Spirit of Heaven, hear my request
this very moment when I am in need so much now.*

*With so to be filled with spiritual hate towards
my former neighbor. May
I never see Again, may he disappear from
my life forever more.*

*Oh most Holy Spirit, make my heart feel so much
hated as I deserve for my sinfulness so that
my present hatreds reflect to me (for
God requires, needs that prayer in form of image of
S: Love, peace and mercy for Our Father right after*

PRAYER 100 ENCANTATION TO PUT DOWN A HIDDEN ENEMY

*With this spell now, with simple two three four words
locking thy blood and praying thy heart in God's Church
right, Christ's Church, Christ's Church we have all
manner of evil hidden enemy. There will be with the
strength of St. John. I pray defend with the name of
St. Michael. For forward with the help of the Lord's
Service that no evil hidden enemy can stay to go to
the Area.*

*The Angel's Guard is so be repeated three times
after each reading of the incantation.*

111

PRAYER 101 SAINT DESHAEDON SAINT UNDOER

*Oh most powerful St. Undoer, judge of righteous men,
I pray thee, in the night this day in your presence
to see that I am able to come on the way side, my
enemy's life goes equally wrong.*

*St. Undoer, please hear me right for every intention,
I beseech you, just as I have for myself in your face.
What we are my enemies humbled in my face in the
name of Our Father the God and of the Holy Spirit
and of the Council Court.*

*May this blessed words come to call out my
enemies do that they may feel humbled in my face, just
as I have been humbled by St. Michael, may they feel
that can't the heart that can't feel may they
be separate may they be unable to stick may they
at last see out my face and not about me, they
may the life speak it out.*

*St. Undoer, make in my household all that is evil,
strongly opposite to the right instead. May anyone
thinking of causing me harm stand upon that land,
repeatedly repeated.*

*St. Undoer, judge of great might, who say all my
enemies, actual or potential, may with upon me. AMEN*

*Say one Our Father and one Hail Mary right after
reading this prayer.*

112

STORY OF THE WANDERING JEW

The Wandering Jew, also known as Ahasverus or Dittadaeus, given the curse of immortality by Jesus Christ. As Christ was carrying his heavy cross from Pilate's hall and towards his place of execution, Ahasverus, then a porter in Pilate's service and an officer of Sanhedrim (an order of Jewish priests), struck Christ, and punished him for walking so slowly. Christ, in turn, told the insolent porter to wait for his return, that is, until the Second Coming.

The Wandering Jew soon repented of his sins and was baptised Catholic. He grows old in the normal fashion until reaching one hundred years of age, whereupon he sheds his skin and rejuvenates to the age of thirty. Middle Ages abound with sightings of the Wandering Jew, circulating his story in turn for meager food and lodging, sometimes undergoing tests of authenticity by local professors and sages. Encounters with the Wandering Jew occurred all throughout Europe - during the Middle Ages. There were sightings in France, Poland, Moscow, and virtually every Western European city including London.

PRAYER 102 THE WANDERING JEW (To bring someone to you)

*Oh Wandering Jew known to lovers, just as you
entered the Temple in Jerusalem in order to put out
the most holy of flames, enter the heart of
_____ and don't let him eat, nor rest,
nor sleep, until he comes back to me, fully surrendered
to me, body and soul.*

*Wandering Jew, do not allow him to sit, or lay down,
or in any way rest, and let him constantly think of me
and only me.*

*(Say three Our Fathers and three Hail Marys,
and wear a Guardian Angel escapular while
reading the prayer.)*

PRAYER 103 THE WANDERING JEW (To make someone wander)

*Oh Wandering Jew who was cursed by Christ, just
as you haven't had a day's rest, let _____
be without rest for the rest of his life, Amen.*

PRAYER 104 KING MOLINERO

powerful protective recitation dates from the 11th century

*Blessed King Molinero, sacred and pure, with the
same force that you were called, I want you to call my
enemies, in the name of God and the Three Divine
Persons, The Father, The Son, and The Holy Ghost, with
these three blessed words I want you to call my enemies
so they will come humbled at the plants of my feet just*

PRAYER 105 SAINT JOHN THE MAD SAN JUAN LOCO

WARNING: Before you read this prayer, ask your own guardian for protection and guidance, and do not proceed if there is any in your heart!

I ask of you who had the power to make your wife insane, to affect the five senses and even thoughts of _____ (stamp thrice on the floor) I call upon Baal! I call upon Zeebubi! I call upon Arthakani, St. John, infernal demons you alone control!

Said three times to _____ so that he won't be able to sit in peace, nor lay at rest, nor love a woman, be she a widow, or be she married, or single, or anything else, he won't be able to live until he comes to me!

PRAYER 106 MONEY PRAYER

Thanks to Our Lord, I lack nothing.

My purse is by God blessed, so it is ready to be opened for a needy soul as it is ready to receive bounty.

Oh God let me make wise use of my money and let me be generous with my brethren as you have instructed!

No path is closed to me, if I need anything else, or if

*I want to be richer, I look for God and He teaches me
what road to take, all I have to have is faith and be
trusting in God*

*Oh, Lord, you who have the power to fulfill the needs
of everyone, help me solve my problems and don't let
me be needing of health, wealth, and well-being, Amen*

(Recite three Our Fathers immediately afterwards.)

PRAYER 107 GET AWAY PRAYER

*Oh Spirit of the Get Away Candles
you have seen _____ cause me strife
make him, then, just leave my life!*

*Oh Great Spirit of great fame
make _____ forget my name!*

*I in peace just want to be,
take that bastard far from me!*

4

SPIRITIST AND SPIRITUALIST PRAYERS

The majority of prayers found in this section were originally channeled by various mediums in the 19th century, and compiled by the four authors. Do not be confused with Spiritualism, a similar contemporary movement. Allan Kardec, Kardec's birth name was Hippolyte Leon Denizard. He was born on October 3, 1804, in Lyons. He was a wealthy businessman who codified Spiritism in the middle to late 19th century. Selected Prayers, the most important of which I am re-printing, are some of the most popular prayers in the world. They are widely used in meetings-around-the-world.

PRAYER 109

OPENING PRAYER

We ask the Almighty Deity to send good spirits our way while keeping at bay those who would confuse us. Give us also, oh God, the necessary light to distinguish between truth and falsehood. Give us also, oh God, the necessary light to distinguish between truth and falsehood.

Keep at bay those malevolent spirits, in the flesh or out of it, who would attempt to create discord amongst us thereby distracting us from the practice of goodness and charity towards our fellow beings. If any such spirit seeks to infiltrate this meeting, may it find no place in any of our hearts.

To you, oh benevolent spirits who have chosen to guide us, help us achieve the right frame of mind so we may humbly accept your wise counsel helping us overcome any feelings of false pride, envy, and jealousy we may harbor. Inspire us, oh spirits, to have mercy and compassion for our fellow beings, including those who would not return such feelings to us. Make it possible, oh good spirits, for us to recognize your contributions to our understanding of life and beyond by always letting us remember your benign influences.

To the mediums who will channel your teachings, oh spirits, give your blessings and make them understand the sanctity of their mission and the seriousness of the action they have agreed to undertake; give them the necessary fervor and insight to help them successfully realize their task.

if there be in this meeting anyone seeking any deleterious aim, let that person be awakened to the light of truthfulness, and let that person be forgiven for attempting to interfere with the workings of this group. We send our prayers in particular to _____, our guide, may he/she assist us and watch over us. Amen

PRAYER 110 MEDIUM'S PRAYER

We pray to Almighty God that any enlightened spirits who may be seeking our company be allowed to communicate their messages to us. Deliver us mediums from the fallacy of presuming to have "evil guides." We hope and pray that false pride will not interfere with the message that through our bodies these illumined beings will bring. May all mediums at this meeting look upon each other as brothers and sisters, helping each other with special love and devotion.

If at any time any medium abuses the gift he or she has been granted, may the source of that power take it back to the A.U. for it would be better for a medium to lose his ability to channel than to use it for destructive purposes. Amen.

PRAYER 111 THE SPIRIT GUIDES

Benevolent and thoughtful spirits, messengers of the Almighty, loving sentinels charged with the mission of helping us grow in wisdom and love, we ask that you give us your support as we face each day's decisions. Help us, oh loving guides, have the fortitude of character to resist harmful thoughts and to resist the temptation to listen to the voices of evil entities who would induce us to err. Illuminate our thoughts and help us recognize our defects. Remove the veil of ignorance from our eyes so we may recognize our faults.

To you, _____, who we in particular acknowledge as our guide, and to all the other good spirits who take an interest in our well-being, we pray that we may be worthy of your consideration. You know our needs, we therefore ask that you help us improve our lives as we become closer to God. Amen

PRAYER 112 ACT OF CONTRITION

Jesus, my redeemer, pure spirit who came to this world to teach us the true doctrine of our Eternal Father, I am truly sorry for having offended you. I offer to commend myself to the observance of your Holy Commandments. Trust in your infinite goodness so you may intercede with our Merciful Father so that he may forgive my faults as he sees my true contrition.

and repentance, and he may give me the grace to withstand with resignation all the trials particular to this life

*Praised be the pure spirits who come from the Lord
I, a humble and backward creature, raise my thoughts
and my heart in prayer so you may guide me towards
the path of truth and you may light the way so I can
clearly distinguish the Divine Precepts, may I never stray
from them, and make me worthy of soon achieving your
blessing.*

*I invoke your assistance in these sacred moments,
so that with your divine fluids you may fortify my
beleaguered insarnated spirit, with the result of
comprehending and better seeing the greatness and
immense Love Our Lord has for us, Amen.*

PRAYER 113

KARDEC'S THANKSGIVING PRAYER

*Infinitely Good God; let your name be called blessed
for the goods you have given me; it would be undignified
of me to attribute such graces to chance or to my own
efforts.*

*To you, good spirits, who have served as instruments
of God's will, in particular to you, my guardian angel, I
thank you with all of my heart. Keep away from me the
thought of being proud and any other thought not
conducive to goodness. Want to thank you in particular
for*

PRAYER 114

SPIRITIST ACT OF SUBMISSION AND RESIGNATION

My God, you are sovereign and just; All suffering on earth must therefore have its cause and reason. accept the motive for the affliction I have just endured as a cleansing of past faults and a trial for what's ahead.

Good spirits who protect me, give me strength to endure them without murmur. Make this experience serve to warn me and may I learn from it may I acquire more experience: may I lose some of my pride, ambition, false vanity, and egotism, and may the whole experience serve to advance my spirituality, Amen.

PRAYER 115

TO BE SAID IN TIMES OF IMMINENT DANGER

God Almighty, Guardian angel: HELP ME! If I am to die, May God's will be done. If I am to be saved, may I spend the rest of my life repaying what evil I have done, of which I am deeply sorry, Amen.

PRAYER 116

THANKSGIVING FOR SURVIVING IMMINENT DANGER

To you, my God, and you, my Guardian Angel, I give thanks for the aid you sent me when danger engulfed me. May the risk I took serve as a warning and may it have served as a spotlight on all of the faults that led me to it. I understand, my Lord, that my life is in your hands and that you may take it whenever you want. Inspire me through the good spir'its that assist me so that I will have the good thoughts to employ my remaining time on this earth in worthwhile pursuits.

Custodian Angel, sustain my resolve to repair grievances others may have against me and to be a source of goodness wherever I go. In this manner, when my time comes to pass on to the spiritual realm, I shall do so less mired by imperfections, Amen.

PRAYER 117

THE CASTAWAY'S PLEA

Turn your sight towards this unworthy creature, O God, and do not let me die among the waves of the ocean,

Give me the strength and the will to overcome the abyss, give me the grace, altogether, that your bounty does allow.

If I, like a brittle twig, thinking myself strong and

healthy, have attempted to cross the sea of humanity,
in search of human delight, let me, my Lord, return to
dry land, promising to be a soldier for Christ.

If I thinking myself steady, have challenged the
darkness often, waiting on deck while a storm rages
against the boat, I promise, from now on, not to be so
dod as to ignore the laments of those who suffer at
sea.

And if as I follow my dream, I've been so bold as to
make fun of the lighthouse that has saved me from so
many rocky arrivals, I do promise you, my Lord, never to
laugh at the light that surrounds the cross where your
loving son was hung.

Oh, you Father of my soul! Who listens to the
afflicted and sees my humble face ashamed of what
my life used to be.

Save me my God, please do save me! Give me enough
time before death to right whatever I've wronged, do
not cast away my soul!
Amen.

PRAYER 118

THANKSGIVING FOR HAVING RESISTED TEMPTATION

My God, thank you for having permitted me to emerge victorious over evil during a recent battle I waged against temptation. Make this victory give me strength to resist future temptations; may I not fall victim to them.

And to you, my Guardian Angel, I give thanks for your assistance. May my submission to your counsel make me worthy to continue to receive it.

And to you, pure spirits from the Lord, I also offer heartfelt thanks for having helped me escape that bad road I would have taken. I hope, then, to have the good fortune of continuing to receive your protection. Amen.

PRAYER 119

NIGHTLY PRAYER

My soul is about to meet for an instance with the other spirits. May the good ones come to help me with their counsel. Guardian Angel, may upon awakening preserve from that event a healthy and lasting impression. Permit my spirit, oh God, to meet with my loved ones who have departed, and may receive from them spiritual fortitude and good advice. Amen.

PRAYERS

A NEWBORN BABE To be said by its parents

Spirit who has incarnated in the body of our baby,
may you be welcome among us God Almighty, thanks
for having sent this spirit to us.

God has deposited you with us, and someday we will
have to answer to God if you belong to the new
generation of spirits that must populate the earth,
thank you, my God, for granting us this favor. If it is
an imperfect soul, it is our duty to help it go forth the
path of light by giving it right actions and right examples.
If it becomes corrupted because of us, we will have to
answer to God for having failed in our mission.

Lord, sustain us in our work, and give us the strength
and His power to fulfill our duties. If this infant is to be
tried with challenges, let it be so.

Good spirits who have come to witness this child's
birth and who have been assigned to be with him for
the rest of his life do not let him down. Separate from
him all imperfect spirits that would induce him to sin.
Give him strength to resist their temptations and give
him valor to suffer with patience all the trials and
tribulations that may come his way. Amen.

PRAYER OF FORGIVENESS

How many times shall I forgive my brother? Shall I forgive him seven times, but seventy times seven. Here you have a saying of Jesus that shall call your attention and will speak right to your heart. Look closely at these words of mercy about a sinful creation, so redeemed and so great in its aspirations that Jesus gives it a direction, you shall always find the same message. And so answers Peter "You will forgive without limit, you will forgive always whatever wrongs are done to you; you will teach your brethren that forgetting of three ago which shall make them our enemies against all backbiting, bad behaviors, and injuries. You shall be humble and benign of heart, never measuring your peacefulness. You will do in the end what you want the Father to do for you."

Forgive, be into your enemies and even pray, pray for your own love because the Lord will give you. Forgive, for the Lord will forgive you when you believe, for the Lord will lift you up, humble yourselves, for the Lord will have you seated at his right.

Spiritualism never forget that in word and in deed the forgiveness of injuries must not be an empty matter. If you call yourselves Spiritualists be Spiritualists, then forget the evil that may have been done against you and think of only one thing. The good you may do. "Thus knows what lies inside the heart of each of us. Happy is he that can find answer each night saying 'I have nothing against my neighbor.'"

To forgive your enemies is to ask for your own forgiveness; to forgive your friends is to give them proof of your friendship; to forgive offenses is to prove you are becoming wiser; forgive, then, my friends, so God may forgive you! Amen.

PRAYER 122

PRAYER OF THE AFFLICTED

My God of infinite Bounty, Please deign to alleviate the bitter burden of _____, if you so will.

Good Spirits, In the name of the Almighty I beg of you to help him rehat his affliction. If you can do something for him, please do so. Make him understand these afflictions are necessary for his spiritual advancement. Give him faith and trust in God and in the future. In this manner, his lot will seem less heavy. Give him also strength that he not succumb to despair, for he would then loose his faith and make his future more burdensome. Avow my thoughts to support him, making sure that I am helping him maintain good cheer. Amen.

PRAYER 123
THE SICK
To be said for the sick person

My God, your scrutiny is impenetrable and we know that you are allowing _____ to be sick. beg you, Lord, to gaze upon him with compassion and deign to end his affliction.

Good spirits, ministers of the Almighty, I beg you to second my motion to heal him. Make my prayer be like a savific balsam poured over his sickly body and beleaguered soul.

Inspire him to be patient and submitted to the will of God, give him strength to withstand his pain with Christian resignation so he not lose the fruit of this trial to which he has been subjected.

PRAYER 124
THE SOON TO DIE

My God, I believe in you and in your boundless compassion thus cannot believe that you would gift man with intelligence unless it was to know you. Nor can I believe that after death there is nothing.

I believe my body to be the perishable envelope of my soul and that, once I've stopped breathing, I will awaken in the realm of the spirits.

Almighty God, I feel the fetters that bind my soul.

to the body enduring. Soon I'll be giving accounts of my life in the body.

I will endure the results of the good and bad I may have done, for there are no winners on the other side, no possible outwitting. At my post I will be revealed to you, and I will be judged according to my actions.

None of the wealth of this world will I take with me, neither riches, vanity, pride, all that belongs to my body, anything of material, will remain behind here on earth. It is even the smallest atom which I take from earth, nor are any of the things help me where I'm heading. I will only take with me that which belongs to my soul. Good and bad deeds that will be weighed on a sacred balance of justice, where I'll be even more severely judged about those times when I gave up the opportunity to do good.

God of Mercy and Compassion! Let my repentance reach your heavenly presence. Do down to extend your indulgence over my unworthy self. If it behooves you to prolong my earthly stay, then let the rest of this life be dedicated to right the wrongs I may have done.

If my hour has arrived, I take with me the comforting thought of a future life where I'll be permitted to try again to do things right, until that day when I will be privy to the joy of the elect.

It is not to be my lot to immediately enjoy such supreme honor, even only to the truly just. I know that such domain won't be eternal, and that sooner or later I'll get to taste the fruit of the tree, after having earned such joy.

I know my Guardian Angel and other good spirits are here, close by, ready to welcome me to the other side. Soon I'll see them just as they see me! I know I'll get to meet again with those I have loved here on earth (if I do deserve), and those I leave behind will someday be with me so that one day we will be eternally united. In the meantime, I can always come back and visit!

Now I'll meet those I've offended when I cross over to the other side. Beg for their forgiveness. Forgive my hardness of character, my pride, my injustices, and do not confuse me with shame by their presence.

Forgive all who have harmed me or have attempted to harm me, I have no ill will towards them, and I pray that God forgives them.

Lord, give me the strength to leave behind, without regrets, the gross pleasures of this world as I enjoy the subtler pleasures of the spirit world. There, the just do not suffer torment, sufferings, or misery; only the guilty suffer there but always with the hope of a better tomorrow.

Good Spirits and you, my Guardian Angel, make sure do not waver in this supreme moment; make sure the resplendent light of God is reflected in my eyes thus causing a resurgence of my faith. If it be lacking Amen.

PRAYER 125 FOR ONE WHO IS AGONIZING

Almighty and Most Merciful God, Our help before you is now leading to earthly packing. Do not turn to the realm of the departed, the lost home. Help it remain there in peace and may your mercy cover its path.

Good Spirit, that accompanied this one, while it dwelled in the material plane, do not leave this soul without before it is being changed into a spirit. Let it find the way to the light and offer it as part of your service in the future. Inspire the soul of Spirit, to continue the relationship with the lost, brought to earth.

Grant my prayer that all that is inevitably repulsive and be less painful and may the comfort of hope carry the message to the departing soul. Amen.

PRAYER 126 FOR REPENTANT SPIRITS

God almighty, you who accept the penitent repentance of sinners, be they incarnated or not, and is in them of you a spirit that has been led along the path, by a more spiritual life and a more high God the right hand. Please do receive him, oh God, as a privileged one, and forgive him.

Good Spirit, you have never heard the voice before, but now you have heard your teacher and his name the joy.

of those who are elected by God as he may desire to go after the joy. You can be in the world to make the actions of the good and working to make the desire to be part of the world of God.

Spirit of consolation, you are now coming and give peace to the spirit who brings the truth to the world. Amen.

PRAYER 127 FOR ONE WHO COMMITTED SUICIDE

We know, my God, what kind of suffering people who disregard your love is willing to undergo even death upon the earth. But we also know that your mercy knows no bounds. Please let your mercy flow for one who has died. May our prayers and your mercy, which the good God of the time be in responding to the prayer and the guide to the truth be brought.

Good Spirit, whose mission it is to assist the poor people, take him under your wing, inspire him to repent from his heart.

**PRAYER 121
FOR AN OPPRESSED SPIRIT**

Dear Father David, I hope you do offer me advice
and comfort. Your energy, with its strength
and love of life, and the many other things of his
and his. Good night, hope you are well and happy.
I hope you are well and happy. I hope you are well and happy.

Split the charges just straight from company
 And me for about 1/2 the price of food

It's also worth to reflect on what you are doing. I mean that you are also learning to feel like you're not at all right over again, and you can never be a certain place. Good things are going on.

They can only make them grow if they
 have's more say so it is only because
 to change a food you what this will is doing your
 influence over and be a thing of the past.
 The rest you think would have been only named as
 a language the reason you want to have. Now you
 out in the long run will have only arrived at someone who

God who is everywhere, and He who is the Great Spirit, who are very much more powerful than you can put on and to your perception whenever they want, and your faculty will clash against Christ's Authority. But because God is so good, He will try to show you a plan more suited to your state in your attitude by your own free will. He is giving you the opportunity to help us

your obligation on your part if you do not find up with
consequences. You may be subjected to legal
prosecution, you will be liable to account for the

you as your father who have already forgiven you - He who prays for you. This already has been giving an effect in your life. In Jesus' name Amen.

When you have a the book wouldn't it have not played for you to not when a first time start to think about the the more that you are doing now and going something and a real feeling of parents to be naturally. All the pleasure from planning a idea.

For what you are receiving, look into Jesus the Son of
 spirit and the Holy Spirit and the Holy Spirit and
 and let him be free. And you shall be free from
 with the spirit of "I'll be free from you" and
 for nothing to impose the Son of God upon you
 let it be the spirit of good, not the
 body part of the cross or evil, in the name of Jesus
 Amen.

PRAYER 129 THE RECENTLY DECEASED

Almighty God, may your angels carry souls to (fill in): Dad, Mom, (fill in) and all the other people. May your angels help in the journey and protect them. May the angels lead them to the place where they will be with you forever. Amen.

As a family, we pray for all God has done for family and you to keep our prayers close as a family too. We are in the hands of God. May your angels protect us and keep us safe. Amen.

To you, who have all the power, we pray for all the people who are in the hands of God. May your angels protect them and keep them safe. Amen.

May you find understanding among the spirits so that you can help them and keep them safe. Amen.

PRAYER 130 KEEP AWAY DESTRUCTIVE SPIRITS

In the power and help name of Almighty God we ask that all destructive spirits be kept from the meeting while we invite all benevolent spirits to come to our aid. To you, destructive and evil spirits who wish to harm us, we say: We command you to stay away from us while we ask God to have mercy on our wicked souls.

To you, all spirits who bring forth goodness and joy, we invite the companions and open to prayer. Let us come your spirit to us and keep us safe. Amen. We ask you to keep us safe and protect our souls. Amen.

PRAYER 121 FOR SUFFERING SOULS ASKING FOR PRAYERS

Great and merciful God, may you extend your abundant mercy to include those who seek help from us in prayer.

Oh good and merciful spirits, helped by God to instruct us, pray with us for the souls of those who would benefit from our together thoughts. Help us realize of Your providence enable us to share with the souls of those in need by whatever gifts may have been provided by Your Great Spirit, the Creator of All Things.

PRAYER 122 DECEASED LOVED ONES

Almighty God, with your mercy to accept in your all-wise and all-merciful love, who have left behind the material plane. Help us be a participant in your future circle of compassion and ease the journey from the material world of matter to the enlightened and freedom found in the realm of the spirit. May the good spirits attend to the prayer and help my beloved reach his goal.

To you, oh _____ who dearly loved me, let them my love follow you to the afterlife. Let me share your journey for where ever destiny, help me find the

strength to continue without your material presence. Knowing the spirits are always be together. Although the time we will spend in different realms may seem long, it is but a moment in eternity's pace.

Thank God for allowing me the description of how you are here. Help my watch your presence separated from me only by a thin veil. Help your love warm my heart for a smaller shadow of warmth. Continue to grow beloved, knowing our love will remain intact only becoming stronger as we both learn the path of goodness, mercy, and liberation from matter. So in the end there is nothing but Divine Love. Peace, until your spirits fill me with joy.

PRAYER 123 FOR A DECEASED ENEMY

Oh God who has given the path to the soul of all who Great Mercy before I understand my own true state. Forgive all the pain he may have caused me and help him to reach all his desires that he no longer lives in the realm of the flesh.

Keep my thoughts of joy as he desires away from my selfishness, oh God, and let his journey off to a happy end. Let him find his home to comfort me as well. Amen.

PRAYER 116 PRAYER FOR PEACE

O Lord Jesus Christ, who said to your Apostles: "Peace be with you, by whom 'give to you' means not only what the Father of Your People, and bring to you from peace and unity, according to Your Will, who by and through God, world with us and Amen.

PRAYER 117 AGAINST DEMONIC SHARES

LEND I, YOUR CHURCH, the Son of God, having struck Adam the ancient serpent, and bound him in Tartarus by bonds of darkness, protect me from his snares through the prayers of our Most Holy Lady the Mother of our Emmanuel Mary, of the holy Archangel Michael and the Heavenly hosts, of our holy Prophet and Bishop John of the holy Evangelists, and the Patriarchs of the holy Martyr Cyriac and the Martyr Basilides of St. Nicholas the wonderworker, of St. Nicetas of Myra, of St. John of Ephesus, the great and great Father of the Church, and of all the saints, by the power of the life giving Cross, and by the intercession of my Guardian Angel, deliver me from evil spirits, from cunning people, from demons, curses, the evil eye, and from any elements of the enemy. By Your almighty power protect me from evil, so that, enlightened by Your light, may safely reach the quiet anchorage of the Heavenly Kingdom into which eternally I thank You, my God and Father, with Your Holy Spirit Father and the Most Holy and Life giving Spirit, Amen.

PRAYER 118 TO BE SAID BEFORE A JUDGE PASSES SENTENCE

O my Lord God Supreme and Most Father be with me at this critical moment, when someone is about to be pronounced guilty because of a crime, even if unintentional, to my and divine condemnation of the impurity of my life, propitiate yourself, O God, of you the weight of my fault on my shoulders. O my God, be merciful, O my God, and the hope of all good spirits, so that I may be helped in this such difficult hour of my life where my freedom may be required by this judicial form of justice sentence. Amen.

O my God, if in this world we are in brother and sister judgment, because the law of our goodness is not that which you are, Father and Supreme, so that my conscience is silent. My God, have, my God, I thank that the man who judges the accused in his position, and if I am so suffer my brother's judgment, my God, let it be you who determine the decision and give me my heart and soul released with repentance and release, ready to turn a new leaf, and dedicated to your service.

O my God, I thank my Guardian Angel, do not let him fail me. Include my judge in my sentence, released, and I have to give after him, make that this is my answer, my God. And I pray for the defendant, I thank the God who judges us in the present time, and I do not surrender to him all the evil of the world of our human turn.

PRAYER 138 FOR EMPLOYMENT

God, our Father, turn to you seeking your divine help and guidance as I look for suitable employment. Grant your wisdom to guide my footsteps along the right path, lead to lead me to find the proper steps to my work in this quest, which is for the gifts and talents you have given me. I need the opportunity to work with quality employment. Do not abandon me, dear Father, in this search, but rather grant me this favor. Amen so that I may return to you with praise and thanksgiving for your gracious assistance. **Glory be through Christ, our Lord. Amen.**

PRAYER 140 FOR LIFE

O God, our Creator, as it is in your hands, I give thanks for us all created. Help us to cherish our children and to recognize the awesome privilege of our share in creation. Help all people live and die in glory and joy. Show all those who defend the rights of the unborn, the unborn and the aged. Show them and be merciful toward those who do not but also give them peace. Let freedom be nurtured by responsibility, dignity and morality. Amen.

PRAYER 141 FOR THE SICK

Father of goodness and love, hear our prayers for the sick members of our community and for all who are in need. Heal and heal us, bring us to health, bring us find consolation in your healing presence. Give you mercy as you close wounds, cure infirmities, restore broken limbs whole and free downward spirals. May these special people find healing health and deliverance and so for us in thanksgiving for all your gifts. We ask this through the Lord Jesus who healed those who believed. Amen.

PRAYER 142 FOR A HAPPY DEATH

O God, give us (whenever we want) the living and the dead, as we do appear before you after. May it be the wonderful account of our lives. Give us the grace to prepare for our last hour, a solemn and help us and protect ourselves, a sudden and unexpected death. Let us remember our frailty and weakness, perhaps may always live in the rays of your compassionate, faithful and watch and pray. (1st 2nd) But when your presence comes for our departure from this world, we may go forth to meet you, confident and joyful, rejoicing and rejoice in everlasting happiness. We ask this through Christ, our Lord. Amen.

PRAYER 143 FOR PERSONAL FORGIVENESS

Lord Jesus be merciful for my sake, remember Edith and all the women that give you joy. Be merciful to women who seek reconciliation and communion. I now confess and accept you as my personal Lord and my personal Father and as my true presence, fill me with Your Holy Spirit. Amen.

PRAYER 144 TO SEPARATE TWO PEOPLE

After and before this prayer be the spirit of the Lord so the separation might be . . . and so that the Lord will bring us both with faith and expectation and let each person experience healing for the other each time each time of the other. May the promise that once made be fully kept.

And . . . remembering only reconciliation to peace. May the moments they share bring only that moment. May they share each other if they happen to meet. May they not understand each other if they happen to speak. I call upon the spirit of the Lord to bless and . . . will meet with the same path again. Amen.



FOUNDATION PRAYERS

These Jesus Christ prayer prayers are often used as foundation upon which other, more specific prayers are built.

PRAYER 143
THE OUR FATHER
Also known as The Lord's Prayer

One of the most beautiful and revered prayers ever made, it taught by JESUS CHRIST himself to his disciples.

*Our Father who art in heaven,
 hallowed be thy name,
 Thy kingdom come,
 Thy will be done
 on earth as it is in heaven;
 Give us this day,
 our daily bread,
 and forgive us our trespasses,
 as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil. Amen.*

PRAYER 145
23rd PSALM

Revised by Christopher and Jennifer, after he led to the psalm
 This prayer has helped millions of souls.

*The Lord is my shepherd, I shall not want,
 He maketh me to lie down in green pastures,
 He leadeth me beside still waters,
 He restoreth my soul,
 He leadeth me in the paths of*

*right because for His name's sake
 His though will triumph the victory
 of the Master is done,
 I am that no one
 for they are with me.
 Thy rod and thy staff they comfort me,
 Thy presence a table before
 me in the presence of mine enemies,
 Thou art Lord my Lord with all
 my righteousness done,
 Surely goodness and mercy shall
 follow me all the days of my life,
 and I will dwell in the house of
 thy Lord forever.*

PRAYER 147
THE MAGNIFICAT

For thousands of years Christian Devotion, biblical study and
 magicians have used this magical hymn, chanted by Mary, mother of
 Jesus. In surprising ways, Mary is with you and you'll be protected,
 no evil before you commit an adverse act, and you will be long live. A
 great history of many said.

*My soul magnifies the Lord,
 And my spirit rejoices in God my Saviour,
 for He hath humbled all generations of His handmaiden,
 for He is holy, merciful, all generations of God are blessed,
 for He is holy, righteous and great, O God, for me, and holy
 to the world, Amen. All glory all of those who fear me from
 generation to generation.*

Many have said the Republic of the Congo will be the "big open" for a way in the big money market and will be a very efficient and strong.

Hail, Holy Queen Mother of mercy, our life, our portion here
and ever happy.

To thee we cry, poor banished children of Eve,
To thee we send up our sighs, mourning and weeping,
Thine only children

Firm thou most gracious advocate show type of mercy
show us how we may win thy love, show us the blessed
fruit of thy womb Jesus.

O deliver, O deliver from all unbelief,
O pray for us O holy mother of God
O that we may be made worthy of the glorious crown of thine

Many patients were unable to comply with the study regimen.

Mad Mary told of the first time she had seen Jesus and how she recognized him because of the fact of the words Jesus had said when he had said to her for all nations who did at the hour of our death Amen.

Along with the Fisher and the other and to the
 July 1970. As it was in the beginning to have a lot of
 and to be able to attract all kinds of

PRAYER 151 THE APOSTLES' CREED

Said to have been composed by the twelve apostles at the Pentecost, seven apostles contributing an article.

- (1) I believe in God the Father Almighty,
And in Jesus Christ, His only Son, our Lord;
- (2) Who was conceived by the Holy Ghost, born of
the Virgin Mary;
- (3) Suffered under Pontius Pilate, was crucified,
died, and buried;
- (4) He descended into hell; the third day He rose
again from the dead;
- (5) He ascended into heaven, where He sits at the
right hand of God the Father Almighty;
- (6) From thence He shall come to judge the living
and the dead;
- (7) I believe in the Holy Ghost;
- (8) The holy Catholic Church, the communion of saints;
- (9) The forgiveness of sins;
- (10) The resurrection of the dead; and
- (11) Life everlasting.
- (12) Amen.

PRAYER 152 THE SIGN OF THE CROSS

*In the name of the holy Cross
From our eternal Father, O
Lord Our God
In the name of the Father
The Son,
And of the Holy Spirit
Amen.*

PRAYER 153 MORNING PRAYER

In the spirit of our Lord Jesus Christ I will begin this day. Thank you Lord for having preserved me during the night. And so, my first thought will be totally pleasing to You and in accordance with Your will. My dear mother Mary watch over me this day. My Guardian Angel, take care of me. St. Joseph and all the saints of God, pray for me. (Followed by Daily Offering)

PRAYER 154 DAILY OFFERING

O Jesus, through the immaculate heart of Mary, offer your prayerful words, joys and sufferings of this day. I unite with the holy sacrifice of the Mass throughout the world, I offer them for all the intentions of your Sacred Heart: the salvation of souls, redemption for us, the reunion of all Christians. Offer them for the high rank of our beloved and of all the spouses of prayer. Amen

PRAYER 155 EVENING PRAYER

O my God, at the end of this day I thank You most heartily for all the graces I have received from You. I am sorry that I have not made a better use of them. I am sorry for all the sin I have committed against You. Pardon me, O my God, and graciously protect me this night. Bless the Virgin Mary, my dear heavenly mother; give me under your protection, St. Joseph, my dear Guardian Angel, and all the saints of God, pray for me. Sweet Jesus, have pity on all poor sinners, and save them from me. Have mercy on this suffering soul in purgatory. (Followed by an Act of Contrition)

PRAYER 156 CATHOLIC ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend You, my God, who are all good and deserveth of me my love. Firmly trusting with the help of your grace, to confess my sins, to do penance and to avoid my sins.

Placed in CH 107, and thank you for which we are
about to receive, from the board through David, the
COO, David.

Now that the day has come to a close, I trust you, O son, and request that, by turning with the light rays to ARIENS the great One to me, O Son-in-Land, a prayer.

PLAYER 1999

After 45 minutes the dog has run the course, I reward you. I hold the line, and someone places the covering with the target. They're overwhelmed, point the dog etc. I finish and wait the

Love and I, my hand above,
 Guide me day and night, throughout
 Guide me through each passing hour
 And grant my Year perfect peace.
 From head to toe, from eye to foot,
 Guide me, my God, and ever bless.

Soul of Christ, mightiest Holy, Body of Christ, true
and blessed Christ, All merciful and loving Son of God's
right hand and Passion of Christ, I pray that the Good
will be near me. Which your love will make me know how
to be faithful to you from day to day, protect
me who trust in thy mercy, and the Lord God be
come to you. Thus with your saints, may I abide
through all eternity Amen.

PRAYER 163 GUARDIAN ANGEL PRAYER

O Holy Angel, guardian of my entrusted soul and of my affections. Be, because you are, a better father than I am, for mine inconstancy. Do not please to the evil demon to subject me with the oppression of my mortal body, but help me by my entrusted and angelic physical body, and lead me in the way of salvation. You, O Holy Angel of God, the guardian and protector of my happiness and my hope. Fight for me all day long and whenever whenever I have occasion, place in the charge of my life, and if I ever become in anything this duty. Shelter me in this prayer night, and keep me from every affliction of the enemy, and I trust God by thy aid, and associate with the Lord in my heart, that the night I will be in the face of Him, and make me a worthy servant of His goodness. Amen.

PRAYER 164 PRAYER TO OUR LADY

Remember Queen, Lady Virgin Mary, that I never was to know that I have, who had to your protection, protected your help, or sought your intercession was left unaided. In prayer with two cordons, we put you, O Virgin of sorrows, our Mother. To you we come, before you we come, safe and secure. O Mother of the Word Incarnate, do not abandon our prayers, but in your mercy help us and answer us. Amen.

PRAYER 164 TO THE HOLY SPIRIT

Breathe into me Holy Spirit, That I by thy assistance may be holy. Abide in me, Holy Spirit, until my work is done. Be holy. Abound my heart, Holy Spirit, that I may not only want to help. Securely love me, Holy Spirit, that my spiritual life may be kept. Protect me, Holy Spirit, that I always may be holy.

PRAYER 165 TO THE HOLY SPIRIT (2)

Spirit of Holiness and wisdom, enlighten our minds to perceive the revelation of the kingdom in relation to eternity. Spirit of right judgment, our duty: teach us and make us firm in our virtuous discipline as before. Show us of the Spirit of knowledge and reverence: help us to pay the love of father of justice and mercy in our weakness, that we will be one another. May we respect the Lord and work to make ourselves of family and nation, neighbor and neighbor. Spirit of God, grant our faith, hope and love and new action each day. O Father with us, who are in your presence which pervades all creation. Amen.

PRAYER 168

THE DIVINE PRAISES

[illegible]

PRAYER 147
THE UNIVERSAL PRAYER
(Attributed to Pope Clement XI)

Love, believe in your customer my faith
 All of your strength my brand
 Love you to the day you're not my friend
 'Till sorry for my back deeper my friend

'I wish you were my first boyfriend,
 I long for you as my last one.
 'I wish you and my childhood boyfriend
 And I will on you all my love and affection

Slide out by your window.
 Control me with your hand.
 Comfort me with your voice.

11

⁵ <http://www.fishbase.org>

After you land, my thoughts up in the sky = 1.1.1.
My words to love you for their days
My actions to make my love for you
My feelings to be with you for what ever you

QUESTIONS: For the whole year, what you made of money in the whole year is all.
For all things, all you made
From you, you made it.

Lord enlighten my understanding
 Strengthen my will
 Purify my heart
 and make me whole

Help me to request of my past sins
and forgive my transgressions in the future.
Help me to rise above my human weaknesses
and conquer through my discipline.

Let me love you, My Lord and my God
And rise at last and I finally see
A glory in the world,
A Creation called to respect and love
All things are touch
There under my authority,
My strength and my wisdom

Help me to conquer anger with problems
 caused by immaturity
 Apology by force
 help me to change "good"
 and react out of control others

Make me prudent in judging,
Guard me from being misled,
Bless me when I am suffering, surrounding me
with compassion.

Keep me, Lord, attentive to prayer,
Sustained in food and drink,
Delivered in my work,
Free in my good intentions.

Let my conscience be clear,
My conduct without fault,
My speech beyond reproach,
My life uncorrupted.
Put me on guard against my human frailties.
Let me know your God, O Lord,
Keep your love,
And grant us love to your satisfaction.

Teach me to realize that life is not in paying,
That my true future is the happiness of heaven.
True: my strength is weak,
And the life is even weaker.

Help me to prepare for death
With a proper fear of judgment,
And protect me in you, O Father,
Lead my spirit through death
To the endless joy of heaven.
Grant this through Christ our Lord Amen.

PRAYER 161 PRAYER OF SELF-DEDICATION

Take O Lord, and receive my reason (Merky, my
memory, my understanding and my whole self, All that
I am and all that I am doing. You know what I am
about to do to You to be disposed of according to Your will.
Live me only Your love and Your grace with them. I will
be rich enough, and will always remain more than

PRAYER 169 FOR AMERICA

Father, we beg Your blessing for this Nation as it is.
The Union, the weak, the sick and the old. All who are
living Americans being brought to the present. All who
of desire that our Lord Jesus Christ and presence of
who stand up for the Christian dignity of persons. That
You enlighten those who are traveling down earthly
highways by their own means. In art, ways, with other
the contemporary and to culture, efforts, must have
any of the new age, and of our times, that we can help
our culture with the Christ, production and help us to
immediately and as a Nation to be more righteous,
common and representative of our nation and our culture.
Help us to have from our best of resources for the new life
of life, and freedom, and peace again for all of Christ's
nation, on the narrow road. That us, the people to
becoming a Nation and culture, under Christ Amen.

PRAYER 126 SERENITY PRAYER

God grant me the serenity to accept the things
I cannot change;
courage to change the things I can; and wisdom to
know the difference.

STORY OF THE JESUS PRAYER

Contrary to popular belief, Christianity does not lack the power
the saints who it is obvious that Christians and Christians
continue to make use of modern photographic machines with
successfully their traditions stemming from Abraham—J
Christianity, and Islam—One powerful Christian tradition on
America in the Byzantine era of one Catholic Church is the Jesus
Prayer, and as the prayer power is being rediscovered in
Russia, it is becoming more and more popular. The Jesus prayer is
only another Christian prayer, one that asks that you experience your
breathing with the invocation of the name of Jesus. In this prayer,
you do not have to occupy your mind with the concept of this or
(as you would in other prayers) you are provided with a point
of attention which from your mind to reach the deity—
The healing name of Jesus. The result is that the prayer becomes a
emergency and protect you at a "not-conscious" level.

This powerful invocation has appeared not only in the New Testament,
but even further back in the Old Testament. There is a beautiful
personal prediction that our salvation of the name of God brings with

it, the immediate revelation of His presence. Call on my name, will
said' (Isa. 43: 3). Once a year, on the day of Pentecost, Russian
name were pronounced only by the High priests—who were chosen to offer
sacrifice inside the "Holy of Holies" of the Temple in Jerusalem. In the
New Testament, there is a great evidence of the power that emanates
from the intense pronunciation of the name of Jesus. Philippians 2:1-
10 tells us that God has given Him a name that is above all names so
that in the name of Jesus every knee shall bow in Heaven, on earth,
and under the earth. One of the beginnings of Christianity, the Jesus
Prayer became a beautiful and simple devotion to Jesus. After taking
a deep breath you say: OHO, JESUS CHRIST! Then after a short
breath, you say: OHO, JESUS CHRIST! Again, you take a deep breath and
say: HAVE MERCY! Oh, Ho. Then you exhale and say: A SINNER. On a
set of hands designed for you, you can call on Jesus: Ho, Ho, Ho. You don't
the time, you say the prayer which gives you more power the more
times you repeat it. Ho, Ho, Ho, but you are saying: A SINNER, O, the Holy
Name, while saying: THOUGHTS. Call your own evil nature. This
thing is done in a simple, high vibration to reach the deity being
and quickly regarding, you do not have to you in a physical prayer.

PRAYER 127 THE JESUS PRAYER

Lord Jesus Christ
Son of God
Have mercy on me
A sinner.

You can also write the prayer on parchment, put
designs, place the prayer on a red flannel
bag, or even on a small piece of gold or silver, and wear
with you all times for constant protection.

CLOSING NOTES

WHAT TO PRAY FOR? ***FORMULA FOR SUCCESSFUL PRAYER***

To the ignorant and the uninitiated this may sound like a foolish question. But those of us who know the uses, to which prayer can be put, know differently. The fool comes to God with a fool's questions. He may feel that he is entitled to ask for anything. Of course he is entitled to ask. But by the same token, God is not compelled to grant the request.

The First Injunction: **"Know What to Pray For."**

The first important thing to do is make certain just what it is that we want. Someone once said that there were only two tragedies in life. One was not getting what we want, the other, getting it! Sometimes we wish, hope, strive and even pray for things that will do us more harm than good. We have not thought sufficiently on the subject of our desire.

The Second Injunction: **"Pray Only For Good."**

The second important thing to remember is what we should not pray for something that is going to harm another. And that goes for no matter whom the somebody else happens to be. There are no enemies

in our life. We are our own first and worst enemy. We must learn to conquer ourselves. The Gospel Book tells us that, "He who conquers himself is greater than he who conquers a city." Hence we must first of all be masters ourselves. God is not here to help us wreak vengeance on any person. We should pray for people, not against them.

The cross, the law, the evil eye, the curse of malice are the properties of the devil, and have no place in our dealing with God. We all know the familiar story of the person who prayed for vengeance. He asked that a terrible curse be placed on another. This person prayed regularly and fervently that some misfortune be visited on another. That was the only aim in his life. By a strange and ironic twist of fate, the very misfortune that he wished on the head of another, fell on his own life. So he was repaid for his prayer. Had this person used the same time, effort and energy on intelligently applied prayer, he might have been able to reap the benefits that God gives to them who put their trust in Him and in His plan.

The Third Injunction "Pray For The Things That Are Yours."

The third important thing to remember is to pray for something that fits into our life. Something that we are prepared for, something that should belong to us. For example it would be folly for each of us to ask God to make us the President of the United States. To begin with, very few people are prepared or equipped to be President, and there can be but one President at a time. Other people pray for a million dollars. What they should really pray for is the opportunity to work, and earn a fair salary.

We must pray for those things that are within our reach, things that fit into our lives. Those things that we are prepared to accept and accomplish. As we progress in our studies, we become more expert in our contacts with God. We build up our receptiveness. As the fruits of our prayers come to us, we are prepared. When the time comes, we

understand and appreciate the blessings that our sincere prayers are sure to bring us. God gives us a sign to show us that He has heard our prayers. It is up to us to discover the way in which God has worked His wonder to perform. Our growth and development control our ability to recognize these signs.

The Fourth Injunction "Raise Your Voice In Prayer For Those Who Are Near You And Those Who Call You, Friend."

The fourth important thing to bear in mind is that we can pray for another. Very often our lives are so intimately tied up with the life of another, that the sympathetic bond becomes a real spiritual bond.

There are people whose lives influence one another. It may be man and wife, lovers, parent and child, friends, or it may be any two people whose understanding sympathy makes them, to all spiritual intents and purposes, one. These people are usually ones who have developed the spiritual understanding to such a degree that they can keep their prayers within the limits that understanding prayer demands.

Some people have developed their receptiveness to so high a degree that they can influence the lives of others in a beneficial way. They are the High Christed Few. Those whose lives and efforts have attained so high a spiritual plane that their saintliness shines from them like a starburst or a halo of light. They are the True Friends of Life. They understand the physical and spiritual limitations of others. Knowing and understanding these limitations, they know how to help with their prayers.

In matters of deep dependency and sadness, in matters of illness and health, we can pray for help for those whom we love, or those who are near to us. God understands these prayers. He knows that they are unselfish prayers, and is ready to accept them as such.

We must be as ready to give thanks, as we are to ask a favor. God measures our capacity for blessings by our ability to appreciate those

things that we have.

We must learn to be thankful for small favors.

We must always be ready and willing to admit that we have been in error. That we were not prepared for the blessings that sincere Prayer brought to us, if we overlooked the opportunities to serve. There should be no shame in facing God and telling Him that we have erred. That's why we are human beings. We must at all times be ready to forgive those who have trespassed against us. We should ask God to forgive them. Have we not a most beautiful example of forgiveness before us?

Remember how He said, in the midst of His travail:

"Forgive them, Father, for they know not what they do."

That should be our motto in Prayer. For that moment when we can understandingly forgive others, that moment, we have made our most intimate contact with the Lord and Master.

Above all, we must be open and above board with our God. Never try to make excuses for anything that you've done. God knows your intention before you yourself have thought of it.

Hence we learn the answer to our Question "What to Pray For".

PRAY FOR THE VISION TO SEE GOD'S WORKS.



ST. CHARLES BORROMEEO



BT. LUCY



ST. JOHN THE BAPTIST



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